

**DIASPORIC FEMININE RESISTANCE AND EMPOWERMENT THROUGH
FIGURATIVE LANGUAGE IN RUPI KAUR'S SELECTED POEMS OF *MILK
AND HONEY (2015)*: A GENETIC STRUCTURALISM ANALYSIS**



An Undergraduate Thesis

**Submitted as a partial fulfillment of the requirements
for *Sarjana Sastra* Degree**

Miftah Nurul Amanah

1909010025

**ENGLISH LITERATURE STUDY PROGRAM
FACULTY OF CULTURAL SCIENCES AND COMMUNICATION
UNIVERSITAS MUHAMMADIYAH PURWOKERTO
2025**

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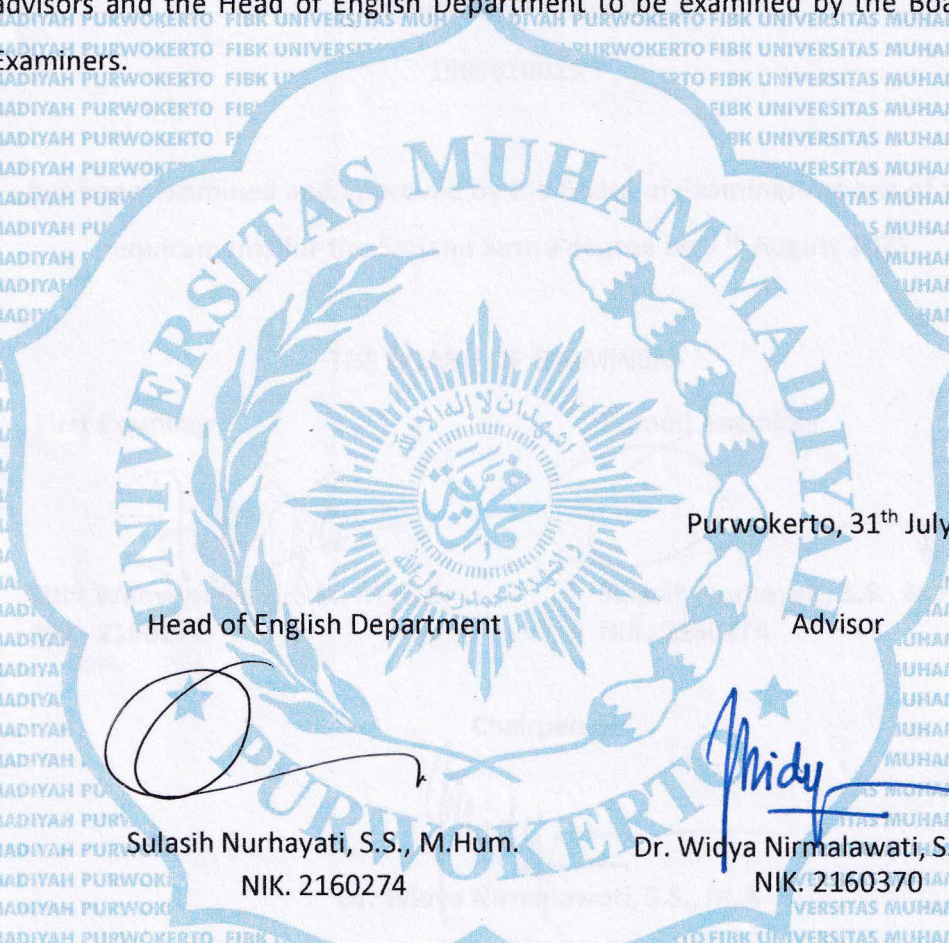
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2025**

APPROVAL SHEETS

This is to certify that this graduating paper entitled "DIASPORIC FEMININE RESISTANCE AND EMPOWERMENT THROUGH FIGURATIVE LANGUAGE IN RUPIKAU'R'S SELECTED POEMS OF MILK AND HONEY (2015): A GENETIC STRUCTURALISM ANALYSIS" by Miftah Nurul Amanah has been approved by the advisors and the Head of English Department to be examined by the Board of Examiners.



Purwokerto, 31th July 2025

Head of English Department

Advisor

A handwritten signature in black ink, appearing to be 'Sulasih'.

Sulasih Nurhayati, S.S., M.Hum.
NIK. 2160274

A handwritten signature in blue ink, appearing to be 'Widya'.

Dr. Widya Nirmalawati, S.S., M.A.
NIK. 2160370

VALIDATION SHEET

**DIASPORIC FEMININE RESISTANCE AND EMPOWERMENT THROUGH
FIGURATIVE LANGUAGE IN RUPI KAUR'S SELECTED POEMS OF MILK AND HONEY
(2015): A GENETIC STRUCTURALISM ANALYSIS**

An Undergraduate Paper By

Miftah Nurul Amanah

1909010025

**has been examined and approved by the Board of Examiners as one of the
requirements for the Sarjana Sastra degree on 7th August 2025**

THE BOARD OF EXAMINERS

First Examiner




**Titik Wahyuningsih, S.S., M.Hum.
NIK. 2160272**

Second Examiner



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NIK. 2160274**

Chairperson



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NIK. 2160370**

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**Dr. Widya Nirmalawati, S.S., M.A
NIK. 2160370**

STATEMENT OF ORIGINALITY

Name : Miftah Nurul Amanah

NIM :1909010025

I, the undersigned researcher of the undergraduate thesis entitled **DIASPORIC FEMININE RESISTANCE AND EMPOWERMENT THROUGH FIGURATIVE LANGUAGE IN RUPI KAUR'S SELECTED POEMS OF MILK AND HONEY (2015): A GENETIC STRUCTURALISM ANALYSIS**, hereby attest and affirm that the material in this thesis has not been previously submitted and published for a degree in any universities, and to the best of my knowledge, any referenced-quotations are shown in the arrangement of citations and bibliography. If later it can be revealed that this undergraduate thesis contains partly or wholly plagiarized pieces of other intellectual works of any kinds, the researcher will be ready to accept the sanction.

Purwokerto, 31th July 2025



Miftah Nurul Amanah

DEDICATION

This undergraduate thesis is dedicated to my beloved parents, my mother, my father, my brother, and all of people who have supported me through this time.

And for me, my self



MOTTO

“Ya Tuhan kami, tidaklah Engkau menciptakan ini dengan sia-sia”

(Ali Imron 191)



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18. To all those who have supported me along the way and whose names I cannot mention one by one, thank you sincerely for your invaluable help.

Purwokerto, 30th July, 2025

Miftah Nurul Amanah

PERNYATAAN PERSETUJUAN PUBLIKASI SKRIPSI

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Nama : Miftah Nurul Amanah
NIM : 1909010025
Program Studi : Sastra Inggris
Fakultas : Ilmu Budaya dan Komunikasi
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Miftah Nurul Amanah

ABSTRACTS

Amanah, Miftah Nurul. 2025. *“Diasporic Feminine Resistance and Empowerment Through Figurative Language in Rupi Kaur’s Selected Poems of Milk and Honey (2015): A Genetic Structuralism Analysis”*. Undergraduate Thesis. English Department, Faculty of Cultural Sciences and Communication, Universitas Muhammadiyah Purwokerto.

This research analyzed selected poem in *Milk and Honey (2015)* by Rupi Kaur using Lucien Goldman’s Genetic Structuralism, to explores how the used of figurative language reflected worldview of the author while articulating women’s resistance and empowerment in the context of Sikh diasporic patriarchal culture. This research used descriptive qualitative method by using textual analysis through eight selected poems which represented the theme of trauma, love, emotional downfall, healing, and empowerment within the parts of the book, *The Hurting, The Loving, The Breaking, and The Healing*. The findings revealed that Rupi Kaur, as Sikh diasporic Women in Canada, articulates not only personal struggles but also collective experiences of women living under patriarchal dan diasporic pressures. Through metaphor, personification, irony, and hyperbole, Kaur give voices to emotional repression, cultural conflict, and resistance to gender oppression. Her identity as a Sikh also influenced her writing style. This research revealed a homology between the poetic structure and the boarder social structure shaping the experiences of marginalized women. In conclusion, *Milk and Honey* served not only as a personal confessional poetry, but also as a site of collective healing and resistance.

Keywords: Rupi Kaur, worldview, figurative language, genetic structuralism, Lucien Goldman, diaspora, patriarchy, Sikh.

INTISARI

Amanah, Miftah Nurul. 2025. "Perlawanan dan Pemberdayaan Perempuan Diaspora melalui Bahasa Kiasan sebagaimana Tercermin dalam Puisi-Puisi Terpilih dari Milk and Honey (2015) karya Rupi Kaur: Analisis Strukturalisme Genetik". Skripsi. Program Studi Sastra Inggris, Fakultas Ilmu Budaya dan Ilmu Komunikasi, Universitas Muhammadiyah Purwokerto.

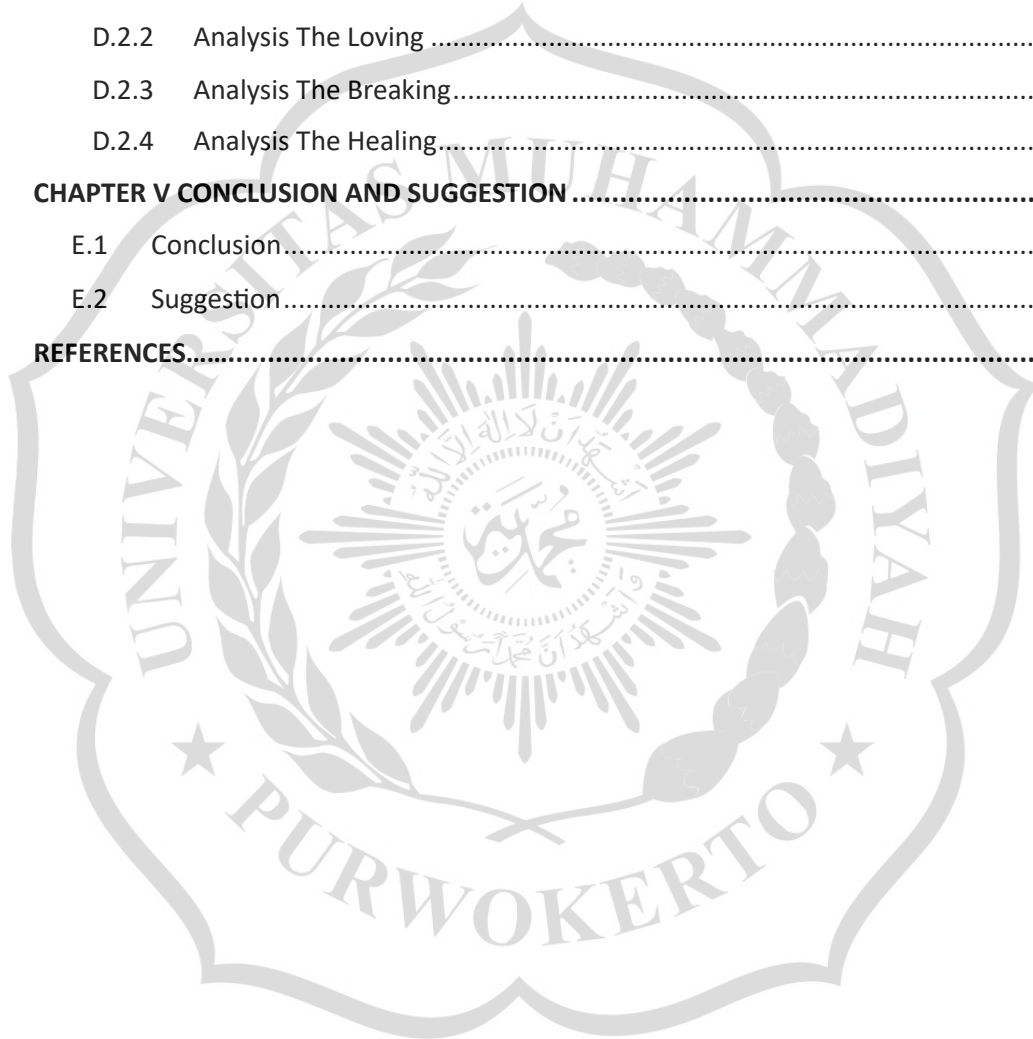
Penelitian ini menganalisis puisi-puisi terpilih dalam Milk and Honey (2015) karya Rupi Kaur dengan menggunakan pendekatan Genetic Structuralism Lucien Goldmann untuk mengeksplorasi bagaimana penggunaan bahasa kiasan mencerminkan pandangan dunia pengarang sekaligus mengartikulasikan perlawanan dan pemberdayaan perempuan dalam konteks budaya patriarki diaspora Sikh. Penelitian ini menggunakan metode deskriptif kualitatif dengan analisis tekstual terhadap delapan puisi terpilih yang merepresentasikan tema trauma, cinta, keterpurukan emosional, penyembuhan dan pemberdayaan dalam empat bagian buku, yaitu The Hurting, The Loving, The Breaking, dan The Healing. Hasil penelitian menunjukkan bahwa Rupi Kaur, sebagai perempuan diaspora Sikh di Kanada, tidak hanya mengartikulasikan pergulatan pribadi, tetapi juga pengalaman kolektif perempuan yang hidup di bawah tekanan patriarki dan diaspora. Melalui metafora, personifikasi, ironi, dan hiperbola, Kaur memberikan suara bagi represi emosional, konflik budaya, dan perlawanan terhadap sepasang gender. Identitasnya sebagai seorang Sikh turut mempengaruhi gaya penulisan. Penelitian ini mengungkap adanya hubungan homologis antara struktur puisi dengan struktur sosial yang lebih luas yang membentuk pengalaman perempuan marginal. Kesimpulannya, Milk and Honey berfungsi tidak hanya sebagai puisi pengakuan pribadi, tetapi juga sebagai ruang bagi penyembuhan kolektif dan perlawanan sosial.

Kata Kunci: Rupi Kaur, pandangan dunia, bahasa kiasan, strukturalisme genetik, Lucien Goldman, diaspora, patriarki, Sikh.

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