

**ANALYSIS OF SOCIETAL PERCEPTIONS TO AGE-GAP RELATIONSHIPS  
IN *THE IDEA OF YOU* (2024)**



**An Undergraduate Thesis**

**Submitted as a partial fulfillment of the requirements  
For *Sarjana Sastra* Degree**

**Danisya Aramitawidya Artanti  
1909010042**

**ENGLISH LITERATURE STUDY PROGRAM  
FACULTY OF CULTURAL SCIENCES AND COMMUNICATION  
UNIVERSITAS MUHAMMADIYAH PURWOKERTO  
2025**

**ANALYSIS OF SOCIETAL PERCEPTIONS TO AGE-GAP RELATIONSHIPS  
IN *THE IDEA OF YOU* (2024)**



**An Undergraduate Thesis**

**Submitted as a partial fulfillment of the requirements  
For *Sarjana Sastra* Degree**

**DanisyA Aramitawidya Artanti  
1909010042**

**ENGLISH LITERATURE STUDY PROGRAM  
FACULTY OF CULTURAL SCIENCES AND COMMUNICATION  
UNIVERSITAS MUHAMMADIYAH PURWOKERTO  
2025**

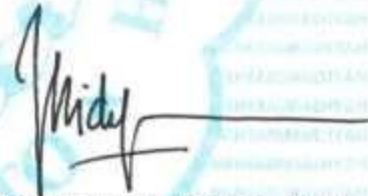
**APPROVAL SHEET**

This is to certify that this undergraduate thesis entitled **"ANALYSIS OF SOCIETAL PERCEPTIONS TO AGE GAP RELATIONSHIPS IN *THE IDEA OF YOU* (2024)"** by **Danisa Aramitawidya Artanti** has been approved by the advisor(s) and the head of English Department to be examined by the Boards Examiners.

Purwokerto, July 11<sup>th</sup> 2025

Head of English Department

Advisor



Sulasih Nurhayati, S.S., M.Hum.

Dr. Widya Nirmalawati, S.S., M.A.

NIK. 2160274

NIK. 2160370

**VALIDATION SHEET**

**ANALYSIS OF SOCIETAL PERCEPTIONS TO AGE-GAP RELATIONSHIPS  
IN THE IDEA OF YOU (2024)**

**An Undergraduate Thesis**

**By**

**Danisya Aramitawidya Artanti**

**1909010042**

**has been examined and approved by the Board of Examiners as one of the  
requirements for Sarjana Sastra degree on July 17<sup>th</sup>, 2025.**

**THE BOARD OF EXAMINERS**

**First Examiners,**

**Second Examiners,**

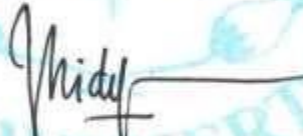


**Asih Ernawati, Ph.D.  
NIK. 2160209**




**Sulasih Nurhayati, S.S., M.Hum.  
NIK. 2160274**

**Chairperson**



**Dr. Widya Nirmalawati, S.S., M.A.  
NIK. 2160370**

**Legalized by the Dean of  
Faculty of Cultural Sciences and Communication**



**Dr. Widya Nirmalawati, S.S., M.A.  
NIK. 2160370**

## STATEMENT OF ORIGINALITY

Name : Danisya Aramitawidya Artanti

Student Number : 1909010042

I, undersigned researcher of the undergraduate thesis entitled "ANALYSIS OF SOCIETAL PERCEPTIONS TO AGE-GAP RELATIONSHIPS IN *THE IDEA OF YOU* (2024)." hereby attest and affirm that the material in this thesis has not been previously submitted and published for a degree in any universities, and to the best of my knowledge, any referenced-quotations are shown in arrangement of citations and bibliography. If later it can be revealed that this undergraduate thesis contains partly or wholly plagiarized pieces or other intellectual works of any kinds, the researcher will be ready to accept the sanction.

Purwokerto, July 2025



Danisya Aramitawidya Artanti

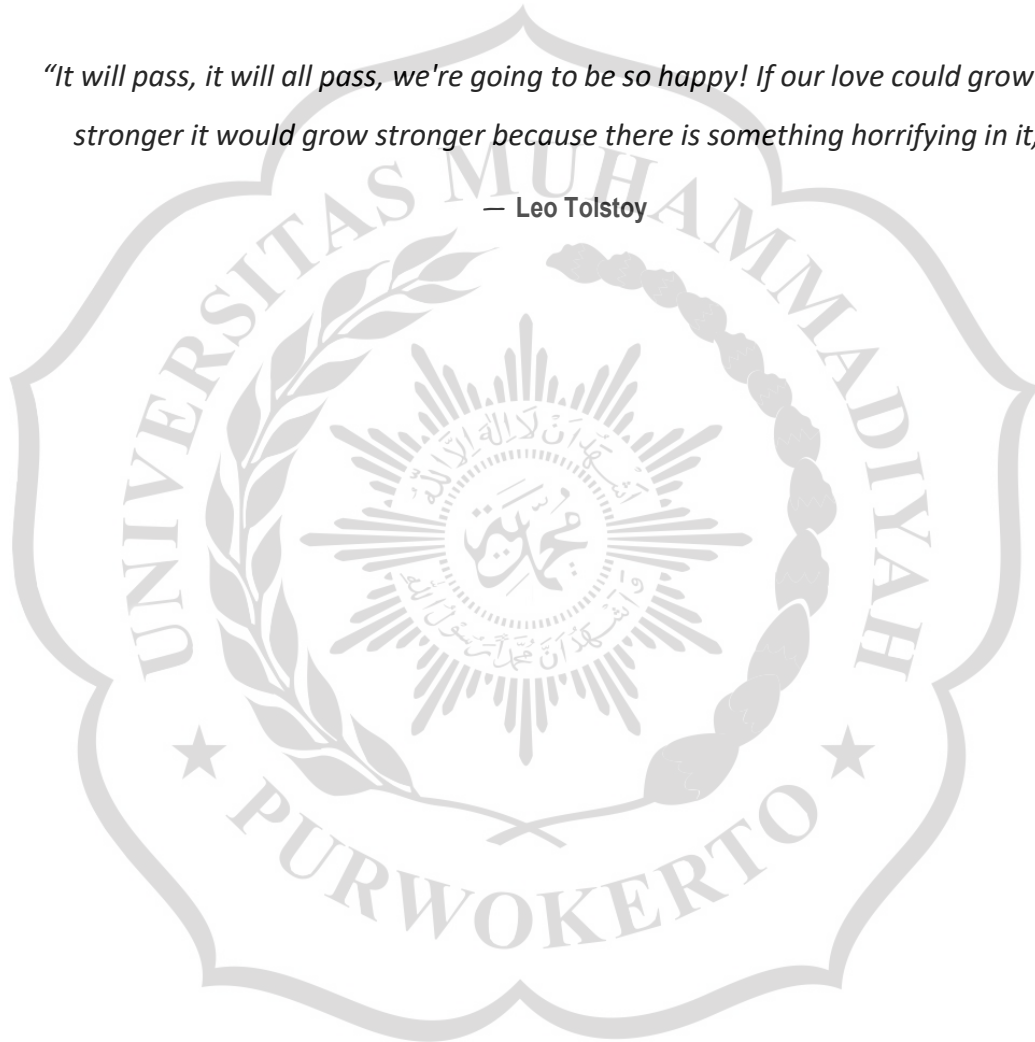
## MOTTO

*Allah does not burden a soul beyond that it can bear*

[ 2:286 ]

*“It will pass, it will all pass, we're going to be so happy! If our love could grow any stronger it would grow stronger because there is something horrifying in it,”*

— Leo Tolstoy



## DEDICATION

This undergraduate thesis is dedicated to my late mother, and my father.

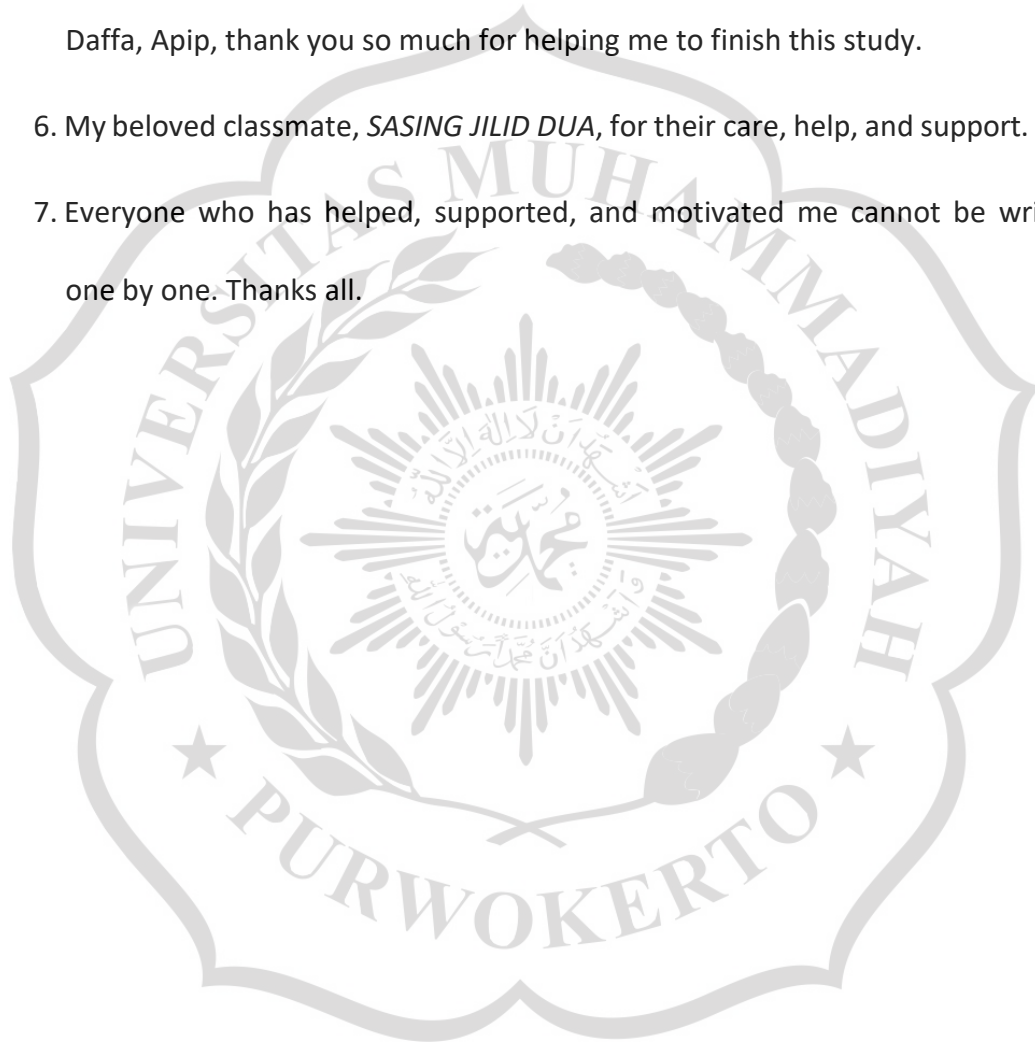


## ACKNOWLEDGEMENTS

I want to thank Allah SWT by reciting Alhamdulillahirabbil' alamin, expressing praise and gratitude to Allah SWT. Because of Allah's grace, guidance, and blessings, this thesis entitled "Analysis of Societal Perceptions to Age-Gap Relationships in *The Idea of You* (2024)" was completed well. This thesis is one of the requirements to obtain a Sarjana Sastra degree at the Faculty of Cultural Sciences and Communication, Universitas Muhammadiyah Purwokerto. Therefore, I would like to extend my appreciation to all of them, especially to:

1. Dr. Widya Nirmalawati, S.S., M.A., is the Dean of the Faculty of Cultural Sciences and Communication. She is also my beloved supervisor, who takes responsibility for her patience in providing careful guidance, helpful corrections, valuable advice, as well as suggestions and encouragement. The only thing I could say is "Thank you so much, ma'am. Without you, I cannot finish this thesis as well."
2. I would like to express my gratitude to all the lecturers and staff from the Faculty of Cultural Sciences and Communication for the valuable knowledge and advice I received during my years of study.
3. The most profound gratitude to my dearest parents, brothers, and Grandma. Ibun (the late), Ayah, Mamah, Adnan, Arkhan, and Uti, who have given prayers, moral support, and material assistance tirelessly and patiently.

4. My beloved uncle, Wildan, Untung, Eko, Agus. And my aunts, Donna, Tika, Siti, Asih, Kenti, Dhini, and Tri, who always support and motivate me.
5. For my friends: Kevin, Fadhilah, Hasan, Fawwaz, Fiki, Sheren, Monic, Fadil, Riri, Atika, Faradilla, Riska, Niken, Salma, Ragil, Iqbal, Atenk, Hoen, Dinda, Rere, Daffa, Apip, thank you so much for helping me to finish this study.
6. My beloved classmate, *SASING JILID DUA*, for their care, help, and support.
7. Everyone who has helped, supported, and motivated me cannot be written one by one. Thanks all.



**HALAMAN PERNYATAAN PERSETUJUAN PUBLIKASI SKRIPSI UNTUK  
KEPENTINGAN AKADEMIS**

Sebagai Sivitas Akademika Universitas Muhammadiyah Purwokerto dan demi pengembangan ilmu pengetahuan, saya yang bertanda tangan di bawah ini:

Nama : Danisya Aramitawidya Artanti  
NIM : 1909010042  
Program Studi : Sastra Inggris S1  
Fakultas : Ilmu Budaya dan Komunikasi  
Perguruan Tinggi : Universitas Muhammadiyah Purwokerto  
Jenis Karya : Skripsi

Menyetujui untuk memberikan Hak Bebas Royalti Non-eksklusif (Non-exclusive Royalti-Free Right) kepada Universitas Muhammadiyah Purwokerto atas karya ilmiah saya yang berjudul:

*"ANALYSIS OF SOCIETAL PERCEPTIONS TO AGE-GAP RELATIONSHIPS IN THE IDEA OF YOU (2024)"*

Beserta perangkat yang ada (jika diperlukan). Dengan Hak Bebas Royalti Non-eksklusif ini, Universitas Muhammadiyah Purwokerto berhak menyimpan, mengalihmedia/mengalihformatkan, mengelola dalam bentuk pangkalan data (database), merawat, dan mempublikasikan tugas akhir saya dengan tetap mencantumkan nama saya sebagai penulis/pencipta dan sebagai pemilik Hak Cipta.

Pernyataan ini saya buat dengan sebenarnya.

Purwokerto, July 2025

  
METERAI  
TEMPEL  
#77EAMX429406587

Danisya Aramitawidya Artanti

X

## ABSTRACT

Artanti, Danisya Aramitawidya. 1909010042. 2025: *ANALYSIS OF SOCIETAL PERCEPTIONS TO AGE-GAP RELATIONSHIPS IN THE IDEA OF YOU (2024)*. Undergraduate Thesis for *Sarjana Sastra* Degree, English Literature, Faculty of Cultural Sciences and Communication, Universitas Muhammadiyah Purwokerto.

This research aims to analyze how the negative stigma surrounding age-gap relationships is portrayed in *The Idea of You* and how the main character struggles to challenge the societal stigma associated with these relationships. The researcher enriches the discourse on Freud's psychoanalysis and Foucault's theory of sexuality, particularly in the context of age-gap relationships and how society's perspectives regarding this issue evolve. The research revealed that this film narratively and visually dismantles and challenges the social construction associated with the relationship between adult women and younger men who had a considerable age difference of sixteen years. The relationship between Solène and Hayes read as a form of age-gap relationship or, in Sigmund Freud's psychoanalytic approach, classified as the Oedipus Complex, where the mother figure becomes the subject of the young male's desire. This relationship not only reflected an unconscious dynamic but also a resistance to the norms of heterosexuality that position women as passive objects. The research showed how adult female sexuality considered a subversive issue and should preferably be eliminated. However, Solène, as the main character, decided to break the stigma by having a relationship with a young male boyfriend.

**Keywords:** *Age-gap relationships, Oedipus Complex, The Idea of You.*

## INTISARI

Artanti, Danisya Aramitawidya. 1909010042. 2025: *ANALISIS PERSEPSI MASYARAKAT TERHADAP HUBUNGAN BEDA USIA DALAM THE IDEA OF YOU (2024)*. Skripsi. Program Studi Sastra Inggris, Fakultas Ilmu Budaya dan Komunikasi, Universitas Muhammadiyah Purwokerto.

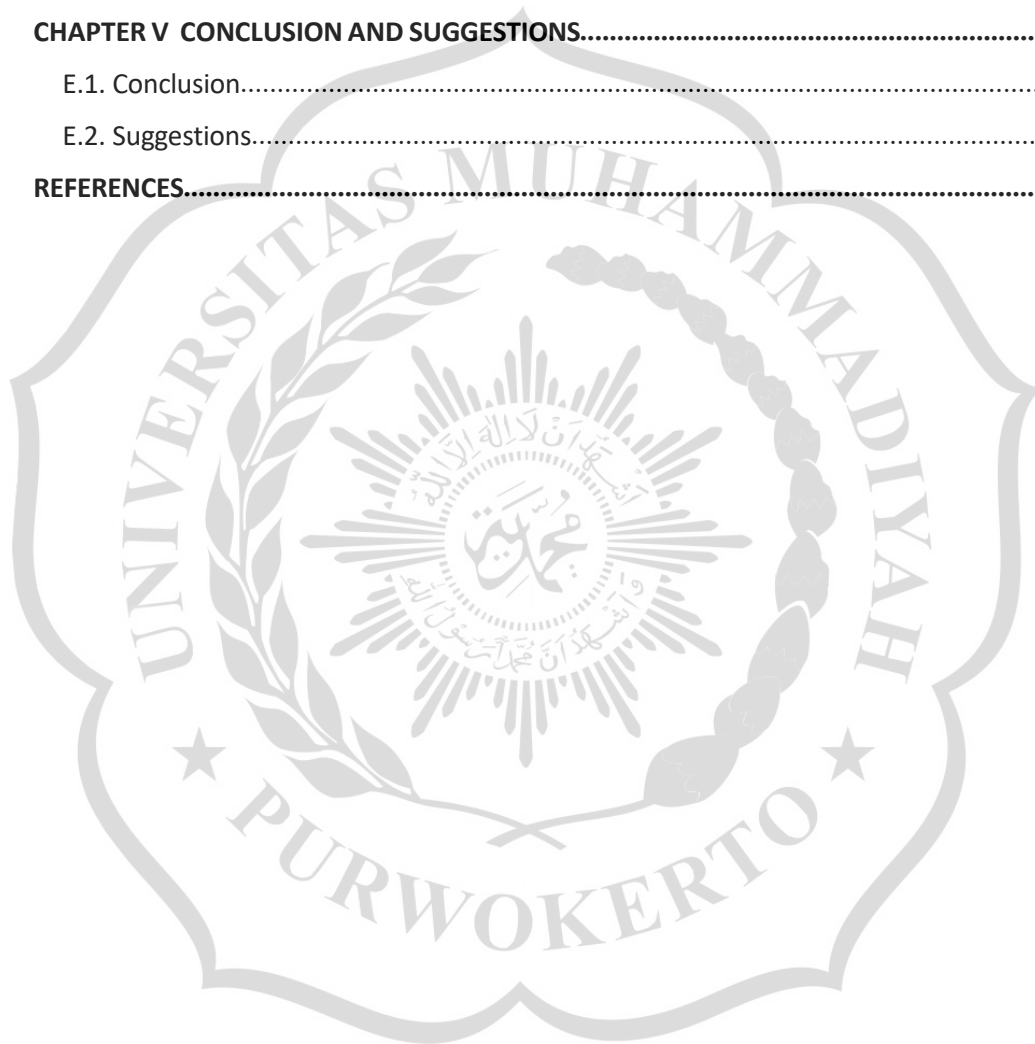
Penelitian ini bertujuan untuk menganalisis bagaimana stigma negatif seputar hubungan beda usia digambarkan dalam film *The Idea of You* dan bagaimana tokoh utama berjuang untuk menantang stigma masyarakat yang terkait dengan hubungan tersebut. Peneliti memperkaya wacana tentang psikoanalisis Freud dan teori seksualitas Foucault, khususnya dalam konteks hubungan beda usia dan bagaimana perspektif masyarakat tentang isu ini berkembang. Penelitian ini mengungkapkan bahwa film ini secara naratif dan visual membongkar dan menantang konstruksi sosial yang terkait dengan hubungan antara wanita dewasa dan pria yang lebih muda yang memiliki perbedaan usia yang cukup jauh, yaitu enam belas tahun. Hubungan antara Solène dan Hayes terbaca sebagai bentuk hubungan kesenjangan usia atau dalam pendekatan psikoanalisis Sigmund Freud diklasifikasikan sebagai Oedipus Complex, di mana figur ibu menjadi subjek dari hasrat laki-laki muda. Hubungan ini tidak hanya merefleksikan dinamika yang tidak disadari, namun juga perlawanan terhadap norma-norma heteroseksualitas yang memposisikan perempuan sebagai objek yang pasif. Penelitian ini menunjukkan bagaimana seksualitas perempuan dewasa dianggap sebagai isu yang subversif dan sebaiknya dihilangkan. Namun, Solène, sebagai tokoh utama, memutuskan untuk mendobrak stigma tersebut dengan menjalin hubungan dengan seorang pria muda.

Kata kunci: Hubungan beda usia, Oedipus Complex, *The Idea of You*.

## TABLE OF CONTENTS

<b>APPROVAL SHEET.....</b>	<b>III</b>
<b>VALIDATION SHEET.....</b>	<b>IV</b>
<b>STATEMENT OF ORIGINALITY.....</b>	<b>V</b>
<b>MOTTO.....</b>	<b>VI</b>
<b>DEDICATION.....</b>	<b>VII</b>
<b>ACKNOWLEDGEMENTS.....</b>	<b>VIII</b>
<b>HALAMAN PERNYATAAN PERSETUJUAN PUBLIKASI SKRIPSI UNTUK KEPENTINGAN AKADEMIS.....</b>	<b>X</b>
<b>ABSTRACT.....</b>	<b>XI</b>
<b>INTISARI.....</b>	<b>XII</b>
<b>TABLE OF CONTENTS.....</b>	<b>XIII</b>
<b>TABLE OF FIGURES.....</b>	<b>XV</b>
<b>CHAPTER I INTRODUCTION.....</b>	<b>1</b>
A.1 Background of the Research.....	1
A.2 Problems of the Research.....	6
A.3 Objectives of the Research.....	6
A.4 Significance of the Research.....	7
A.5 Limitation of the Research.....	7
A.6 Definition of Key Terms.....	8
A.7 Organization of the Research.....	9
<b>CHAPTER II REVIEW OF LITERATURE.....</b>	<b>10</b>
B.1 Theoretical Framework.....	10
B.1.1 Psychoanalysis Theory.....	10
B.1.2 Sexuality Theory.....	17
B.1.3 Cinematography.....	20
B.2 Review of Related Research.....	24
<b>CHAPTER III RESEARCH METHODS.....</b>	<b>31</b>
C.1 Design of the Research.....	31
C.2 Data and Source of The Data.....	31

C.3 Method of Collecting Data.....	32
C.4 Method of Analyzing Data.....	33
<b>CHAPTER IV DATA ANALYSIS.....</b>	<b>34</b>
D.1 Data Description.....	34
D.2 Data Analysis.....	34
D.2.1 Negative Stigma.....	35
D.2.2 Defying Stigma.....	61
<b>CHAPTER V CONCLUSION AND SUGGESTIONS.....</b>	<b>72</b>
E.1. Conclusion.....	72
E.2. Suggestions.....	73
<b>REFERENCES.....</b>	<b>75</b>



## TABLE OF FIGURES

Figure 1 Solène phone.....	36
Figure 2 Solène met Brenda.....	41
Figure 3 Daniel at Solène house.....	46
Figure 4 Daniel at Solène house.....	50
Figure 5 Solène and Izzy at lake.....	54
Figure 6 negative comment.....	59
Figure 7 negative comment.....	59
Figure 8 Solène Confession.....	61
Figure 9 Solène Resistance.....	65
Figure 10 Future Promise.....	68

