

**THE REPRESENTATION OF MENTAL HEALTH
DISORDERS IN DPR IAN'S "SO I DANCED" MUSIC VIDEO**



An Undergraduate Thesis

**Submitted as a Partial Fulfillment of the Requirements
For *Sarjana Sastra* Degree**

Gayatri Laksmi Maheswari

2009010028

**FACULTY OF CULTURAL SCIENCES AND COMMUNICATION
UNIVERSITAS MUHAMMADIYAH PURWOKERTO**

2024

APPROVAL SHEET

This is to certify that this graduating paper entitled **“THE REPRESENTATION OF MENTAL HEALTH DISORDERS IN DPR IAN’S “SO I DANCED” MUSIC VIDEO”** by Gayatri Laksmi Maheswari has been approved by the advisor(s) and the Head of English Department to be examined by the Board of Examiners.

Purwokerto, 18 July 2024

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VALIDATION SHEET

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IAN'S "SO I DANCED" MUSIC VIDEO**

An Undergraduate Thesis

By

Gayatri Laksmi Maheswari

2009010028

**Has been examined and approved by the Board of Examiners as one of the
requirements for Sarjana Sastra Degree on August 14th, 2024**

THE BOARD EXAMINERS

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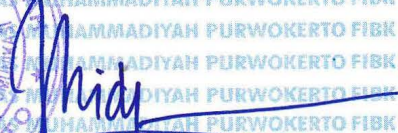
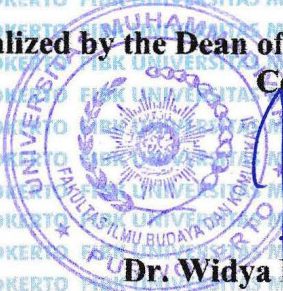
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STATEMENT OF ORIGINALITY

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Student Number : 2009010028

I, the undersigned researcher of the undergraduate thesis entitled “THE REPRESENTATION OF MENTAL HEALTH DISORDERS IN DPR IAN’S “*SO I DANCED*” MUSIC VIDEO”, hereby attest and affirm that the material in this thesis has not been previously submitted and published for a degree in any universities, and to the best of my knowledge, any reference-quotations are shown in the arrangement of citations and bibliography. If later it can be revealed that this undergraduate thesis contains partly or wholly plagiarized pieces of other intellectual works of any kinds, the researcher will be ready to accept the sanction.

Purwokerto, 18 July 2024



Gayatri Laksmi Maheswari

MOTTO

This too shall pass, so live your life to the fullest



DEDICATION

This work is dedicated to my journey of self-discovery, growth, and the relentless pursuit of knowledge.



ACKNOWLEDGEMENT

Praise be to Allah the Exalted and the Merciful, for His endless grace and blessings that have allowed me to complete this thesis entitled "The Representation of Mental Health Disorders in DPR IAN's 'So I Danced' Music Video." This thesis was prepared to fulfill the requirements to receive *Sarjana Sastra Degree* from the Faculty of Cultural Sciences and Communication, Universitas Muhammadiyah Purwokerto, where there are still shortcomings in the preparation of the thesis. This thesis could not have been completed without the support, guidance, and encouragement from many individuals. I would like to take this opportunity to express my sincere gratitude to all those who have contributed to the completion of this work:

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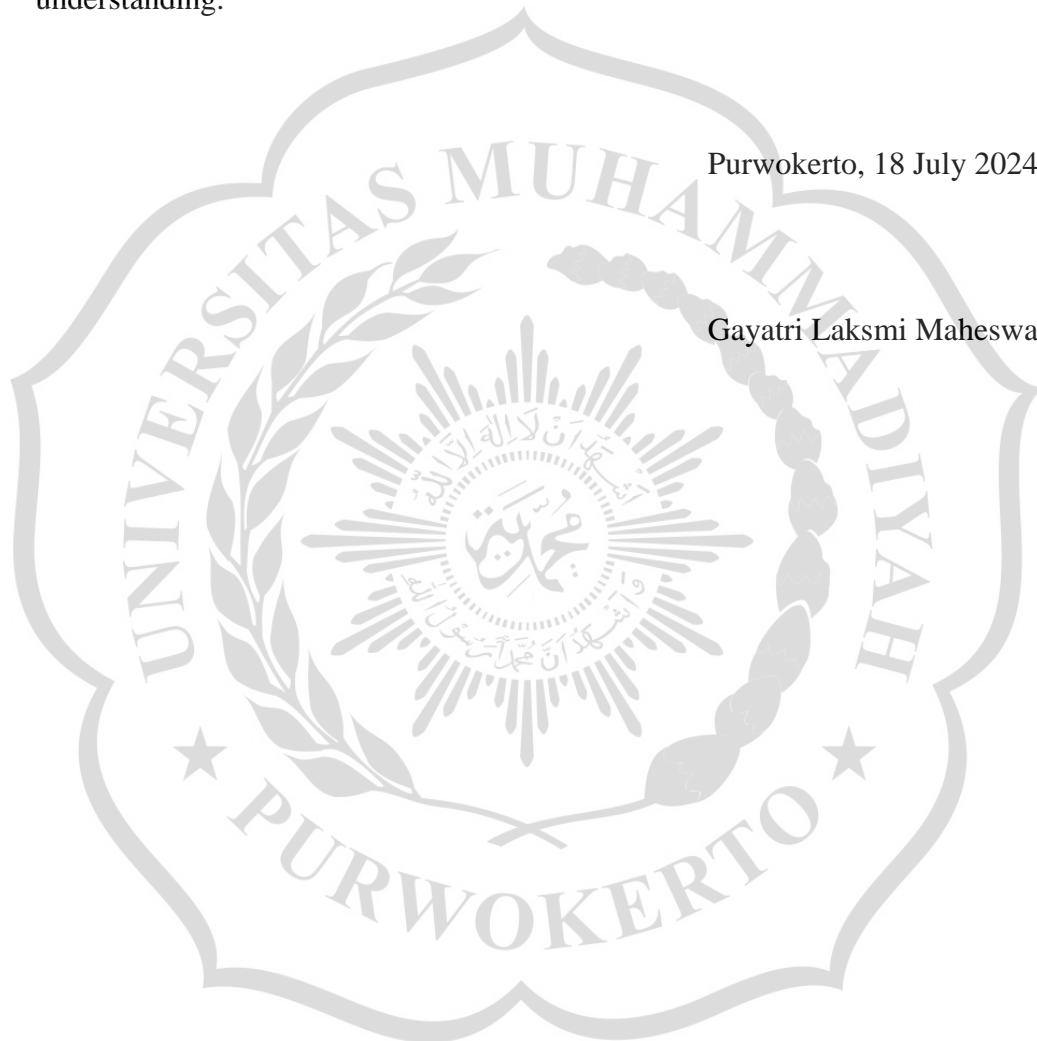
accomplishment is a testament to my commitment to overcoming challenges and achieving my goals.

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The author has endeavored to the fullest extent possible in composing this thesis. Nevertheless, this thesis is far from perfect, thus the author eagerly anticipates criticism and suggestions from various parties for future improvements. Thus concludes the introduction and expressions of gratitude from the author; may this thesis be beneficial in broadening knowledge and understanding.

Purwokerto, 18 July 2024

Gayatri Laksmi Maheswari



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ABSTRACT

Maheswari, Gayatri Laksmi, 2009010028. 2024: The Representation of Mental Health Disorders in DPR IAN's "So I Danced" Music Video. Undergraduate Thesis for Sarjana Sastra Degree, English Department, Faculty of Cultural Sciences and Communication, Universitas Muhammadiyah Purwokerto.

This research employs semiotic, expressive, and cinematography approaches to analyze DPR IAN's "So I Danced" music video, aiming to identify, interpret, and contextualize the semiotic signs, symbols, and visual elements therein. The study contributes to understanding DPR IAN's creative process and the nuanced meanings conveyed within the video, illuminating its artistic intentions and cultural significance. The study utilizes Barthes' semiotic theory, Abrams' expressive approach, and Deren's cinematography analysis to explore how music videos convey messages and artistic depth. Semiotics, drawing from Saussure and Barthes, examines literal and cultural signification, revealing how objects and ideologies shape collective understanding. The expressive approach delves into the artist's thoughts and emotions expressed through narrative elements, while cinematography analysis scrutinizes visual techniques like framing and lighting to uncover artistic and narrative layers. The analysis of DPR IAN's "So I Danced" music video reveals a poignant portrayal of his battle with mental disorders, employing a multifaceted approach that integrates semiotic, expressive, and cinematographic strategies. Through semiotics, the video's signs and symbols are decoded, revealing layers of meaning that speak to both personal struggles and broader societal contexts. The expressive approach explores how DPR IAN's emotions and thoughts are conveyed through narrative elements and visual storytelling techniques, providing insight into the depth and complexity of his experiences during manic episodes. Meanwhile, cinematography analysis delves into the artistic choices of framing, lighting, and visual composition, which enhance the narrative's emotional impact and thematic resonance. By bridging these disciplines, the study contributes to ongoing conversations about mental health awareness and advocacy, using the music video as a powerful tool to foster empathy, challenge stereotypes, and promote a more compassionate understanding of mental health issues in society.

Keyword: Barthes semiotic, bipolar disorder, cinematography approach, dissociative identity disorder, DPR IAN, expressive approach, music video

INTISARI

Maheswari, Gayatri Laksmi, 2009010028. 2024: Representasi Gangguan Kesehatan Mental Dalam Video Musik “*So I Danced*” Oleh DPR IAN. Skripsi. Sastra Inggris, Fakultas Ilmu Budaya dan Komunikasi, Universitas Muhammadiyah Purwokerto.

Penelitian ini menggunakan pendekatan semiotik, ekspresif, dan sinematografi untuk menganalisis video musik “*So I Danced*” milik DPR IAN, dengan tujuan mengidentifikasi, menginterpretasi, dan mengkontekstualisasikan tanda-tanda, simbol, dan elemen visual semiotik dalamnya. Studi ini berkontribusi pada pemahaman terhadap proses kreatif DPR IAN dan makna-makna halus yang disampaikan dalam video tersebut, yang mengungkapkan niat artistik dan signifikansi budayanya. Penelitian ini menggunakan teori semiotik Barthes, pendekatan ekspresif Abrams, dan analisis sinematografi Deren untuk mengeksplorasi bagaimana video musik menyampaikan pesan dan kedalaman artistik. Semiotika, yang mengambil dari Saussure dan Barthes, mengeksplorasi signifikasi literal dan budaya, mengungkapkan bagaimana objek dan ideologi membentuk pemahaman kolektif. Pendekatan ekspresif mempelajari bagaimana emosi dan pemikiran DPR IAN diungkapkan melalui elemen naratif, sementara analisis sinematografi memeriksa teknik visual seperti framing dan pencahayaan untuk mengungkap lapisan artistik dan naratif. Analisis video musik “*So I Danced*” DPR IAN mengungkapkan gambaran yang mengharukan tentang perjuangannya dengan gangguan mental, dengan menggunakan pendekatan multifaset yang mengintegrasikan strategi semiotik, ekspresif, dan sinematografis. Melalui semiotika, tanda dan simbol dalam video ini didekripsi, mengungkapkan makna yang berkaitan dengan perjuangan pribadi serta konteks sosial yang lebih luas. Pendekatan ekspresif mengeksplorasi bagaimana emosi dan pemikiran DPR IAN diungkapkan melalui teknik cerita visual, memberikan wawasan tentang kedalaman dan kompleksitas pengalamannya selama episode manik. Sementara itu, analisis sinematografi memeriksa pilihan artistik seperti framing, pencahayaan, dan komposisi visual, yang meningkatkan dampak emosional dan resonansi tema naratif. Dengan menjembatani disiplin ini, penelitian ini berkontribusi pada dialog terus-menerus tentang kesadaran dan advokasi kesehatan mental, menggunakan video musik sebagai alat yang kuat untuk mengembangkan empati, menantang stereotip, dan mempromosikan pemahaman yang lebih peduli tentang masalah kesehatan mental dalam masyarakat.

Kata kunci: gangguan bipolar, gangguan identitas disosiatif, pendekatan ekspresif, pendekatan sinematografi, semiotik Barthes, video musik.

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LIST OF ABBREVIATIONS

MITO	: Moodswings in This Order (DPR IAN's manic low)
DID	: Dissociative Identity Disorder
DPR	: Dream Perfect Regime

