

**OTTO ANDERSON'S NEED OF LOVE AND BELONGING IN
A MAN CALLED OTTO: A PSYCHOLOGICAL STUDY**



An Undergraduate Thesis

**Submitted as a partial fulfilment of the requirements for
Sarjana Sastra Degree**

Lael Sabilly Ambiya

1809010021

**FACULTY OF CULTURAL SCIENCES AND COMMUNICATION
UNIVERSITAS MUHAMMADIYAH PURWOKERTO**

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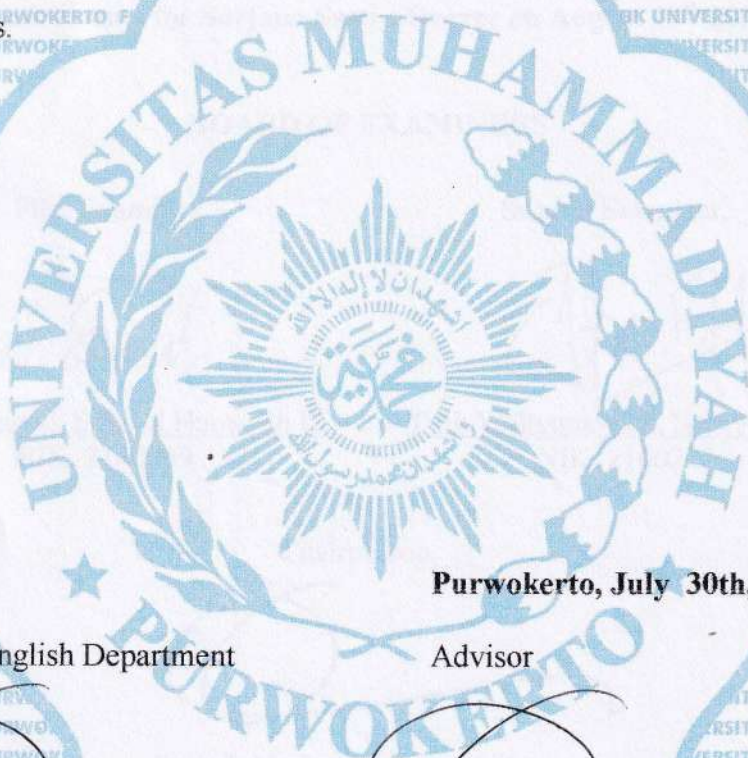
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UNIVERSITAS MUHAMMADIYAH PURWOKERTO**

2024

APPROVAL SHEET

This is to certify that this undergraduate thesis entitled **"OTTO ANDERSON'S NEED OF LOVE AND BELONGING IN A MAN CALLED OTTO: A PSYCHOLOGICAL STUDY"** by Lael Sabilly Ambiya has been approved by the advisor and the Head of English Department to be examined by the Board of Examiners.



Purwokerto, July 30th, 2024

Head of English Department

Advisor

Sulasih Nurhayati, S.S., M.Hum.
NIK. 2160274

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VALIDATION SHEET

**OTTO ANDERSON'S NEED OF LOVE AND BELONGING IN A MAN
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An Undergraduate Thesis

By:

Lael Sabilly Ambiya

1809010021

**has been examined and approved by the Board of Examiners as one of the
requirements for Sarjana Sastra Degree on August 19th 2024**

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STATEMENT OF ORIGINALITY

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Student Number : 1809010021

I, the undersigned researcher of the undergraduate thesis entitled **OTTO ANDERSON'S NEED OF LOVE AND BELONGING IN A MAN CALLED OTTO: A PSYCHOLOGICAL STUDY**, hereby attest and affirm that the material in this thesis has not been previously submitted and published for a degree in any universities, and to the best of my knowledge, any referenced-quotations are shown in the arrangement of citations and bibliography. If later, it can be revealed that this research contains partly of wholly plagiarised pieces of other intellectual works of any kinds, the researcher will be ready to accept the sanction.

Purwokerto, July 30th, 2024



Lael Sabilly Ambiya

MOTTO

“Everything you lose is a step you take”

“You're on your own, kid. You always have been”

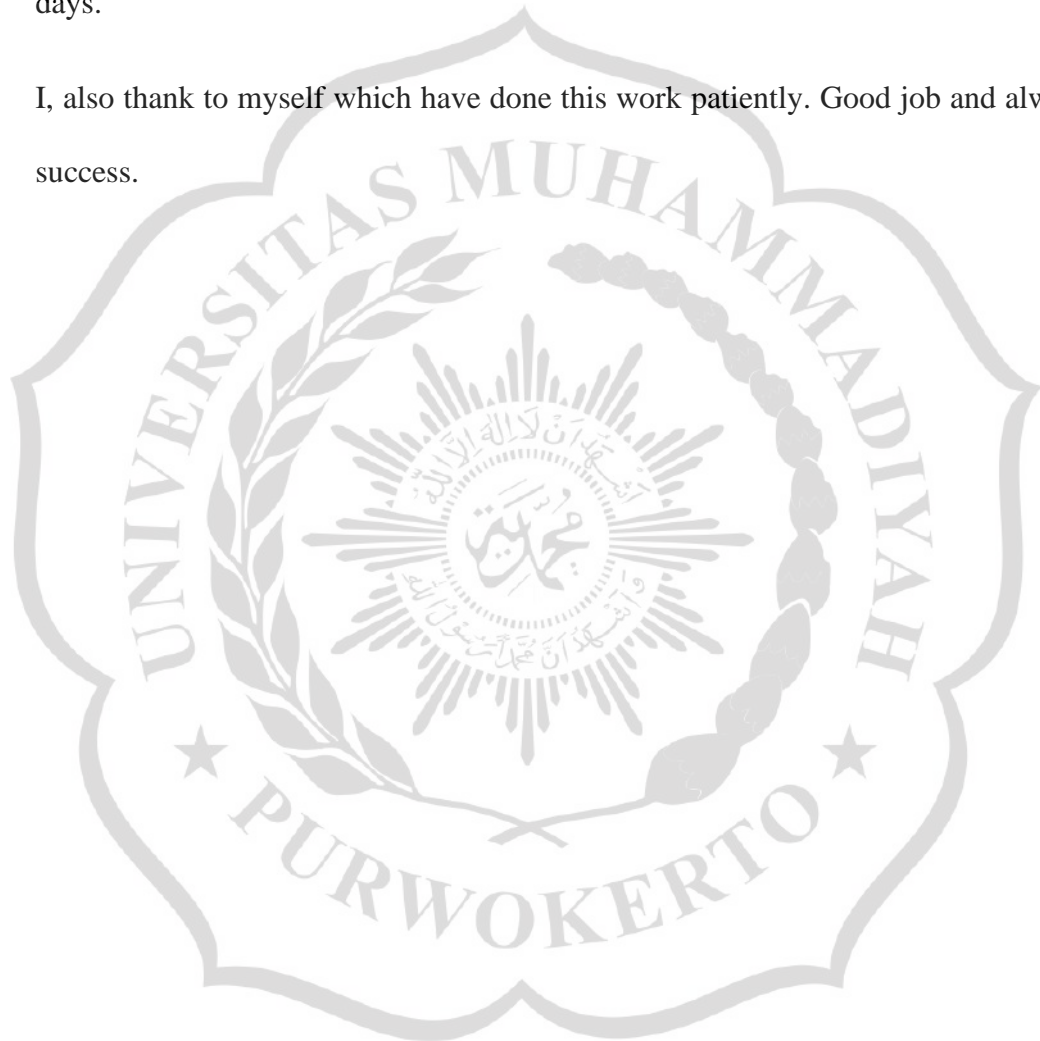
- Taylor Swift



DEDICATION

I, dedicate this, a little piece of my work, to my dad, my mom, Mba Opi and Igo who always there for me, even in all my mistakes, my rebound and my earthquake days.

I, also thank to myself which have done this work patiently. Good job and always success.



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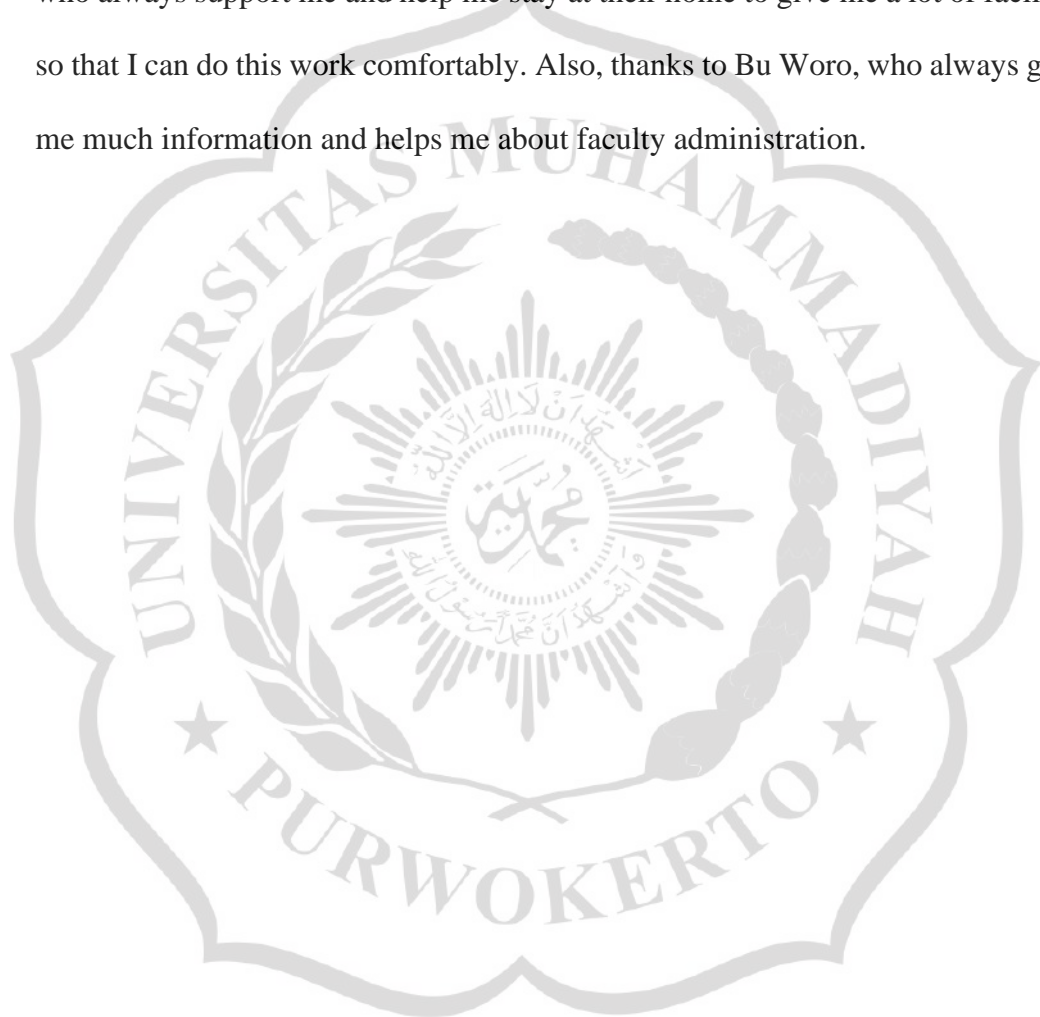
I would like to express my gratitude to my advisor, Ma'am Sulasih Nurhayati, S.S., M. Hum. who has spent much time being patient, showing love for guiding and advising, and giving feedback for this work. I also could not have undertaken this journey without other lecturers, Ma'am Dr. Widya Nirmalawati, S.S., M.A., Ma'am Titik Wahyuningsih, S.S., M.Hum., and Ma'am Asih Ernawati, S.S., M.Hum., Ph.D., who generously provided knowledge and expertise.

I am immensely grateful to my parents, my siblings, and my friends who provided me with invaluable support and assistance throughout my journey in university life, especially The Fresh Legit (Ity and Geral), who have been a part of the stories of my life. Also, other friends, April, Amar, Bella, Eka, Elvi, Fariddin, Iqbal, Kak Pandu, Lulu, Mas Hafidz, Mas Kentang, and Mba Kayla, Putra (DT), Putra (Kupang), which has helped me on a healing trip, refreshing my mind in doing this work.

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ABSTRACT

Ambiya, Lael S., 1809010021. Nurhayati, S. 2024: Otto Anderson's Need Love and Belonging in *A Man Called Otto: A Psychological Study*. Undergraduate Thesis for Sarjana Sastra Degree, English Literature, Faculty of Cultural Sciences and Communication, Universitas Muhammadiyah Purwokerto.

The purpose of this study is to determine the description of Otto Anderson, the main character in Marc Forster's film *A Man Called Otto*, in terms of the fulfilment of his love needs. This study uses Abraham Maslow's psychological theory, the Hierarchy of Human Needs, with a supporting theory by Robert J. Sternberg, the Triangular Theory of Love. Using qualitative methods and descriptive analysis techniques, this study found that Otto Anderson, the main character, has a sense of loss of love and belonging after being left by his wife Sonya, which makes him antisocial and depressed until he tries to kill himself. He attempts suicide several times, but is always accidentally thwarted by his neighbours. The failure of his suicide, due to the distraction of his neighbour's actions, indirectly led Otto to return to socialise and also to regain his love and belonging. The love and belonging that he gets can also be seen from the supporting theory of the theory of love, and it was found that there was a component of love that he gets from the people around him, and that is intimacy. The results of this study indicate that Otto regains his love and belonging, and there is a component of love, that is intimacy.

Keywords: *a man called otto, hierarchy of needs, love and belonging, psychological study*

INTISARI

Ambiya, Lael S., 1809010021. Nurhayati, S. 2024: Kebutuhan Otto Anderson Akan Cinta dan Rasa Memiliki dalam *A Man Called Otto*: Studi Psikologis. Tesis untuk Sarjana Sastra, Sastra Inggris, Fakultas Ilmu Budaya dan Komunikasi, Universitas Muhammadiyah Purwokerto.

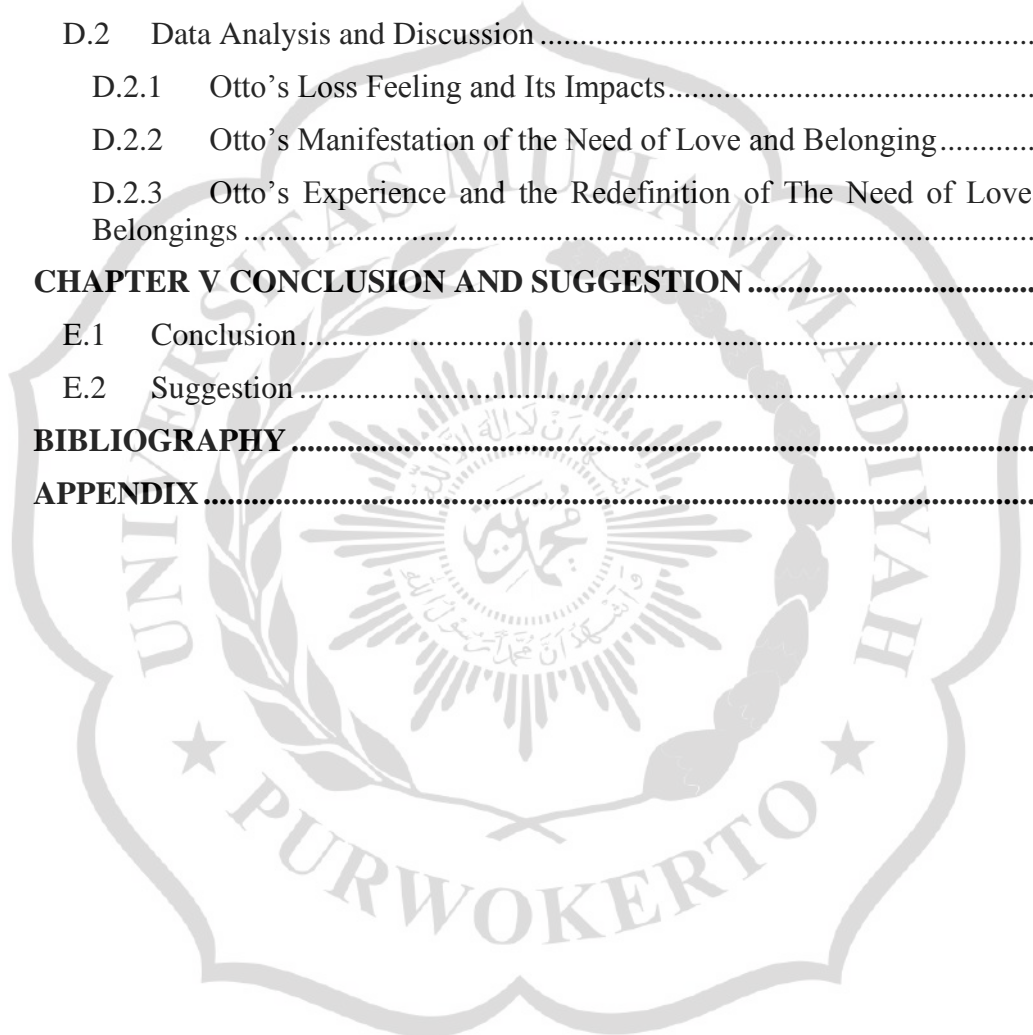
Penelitian ini bertujuan untuk mengetahui gambaran Otto Anderson, tokoh utama dalam film *A Man Called Otto* karya Marc Forster, dalam hal pemenuhan kebutuhan cintanya. Penelitian ini menggunakan teori psikologi Abraham Maslow yaitu Hierarki Kebutuhan Manusia dengan teori pendukung Robert J. Sternberg yaitu Teori Cinta Segitiga. Dengan menggunakan metode kualitatif dan teknik analisis deskriptif, penelitian ini menemukan bahwa Otto Anderson, tokoh utama, memiliki rasa kehilangan cinta dan rasa memiliki setelah ditinggal oleh istrinya, Sonya yang membuatnya menjadi antisosial dan depresi hingga mencoba bunuh diri. Ia beberapa kali mencoba bunuh diri, tetapi selalu digagalkan oleh tetangganya secara tidak sengaja. Kegagalan bunuh dirinya akibat terganggunya tindakan tetangganya secara tidak langsung membuat Otto kembali bersosialisasi dan juga mendapatkan kembali rasa cinta dan rasa memiliki. Rasa cinta dan rasa memiliki yang didapatkannya juga dapat dilihat dari teori pendukung teori cinta, dan ditemukan adanya komponen cinta yang didapatkannya dari orang-orang di sekitarnya yaitu keintiman. Hasil penelitian ini menunjukkan bahwa Otto mendapatkan kembali cinta dan kepemilikannya dan terdapat komponen cinta yaitu intimasi.

Kata Kunci: a man called otto, kebutuhan hirarki, cinta dan kepemilikan, studi psikologis

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