

**THE PROCESS OF ACHIEVING NIA'S DREAM OF BECOMING A  
PROMINENT AUTHOR IN MICHELLE KADARUSMAN'S *GIRL OF THE  
SOUTHERN SEA***



**An Undergraduate Thesis**

**Submitted as a Partial Fulfillment of the Requirements  
for *Sarjana Sastra* Degree**

**Marlina Isnaeni**

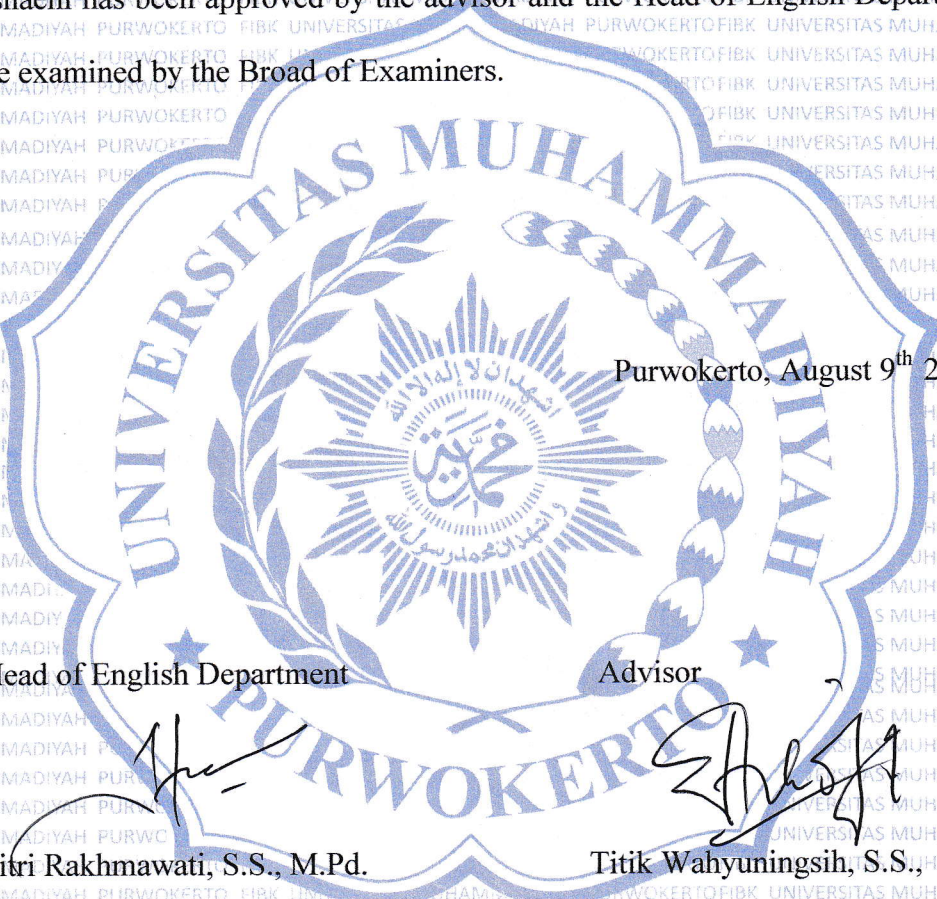
**1909010049**

**FACULTY OF CULTURAL SCIENCES AND COMMUNICATION  
UNIVERSITAS MUHAMMADIYAH PURWOKERTO**

**2023**

**APPROVAL SHEET**

This is to certify that this graduating paper entitled "THE PROCESS OF ACHIEVING NIA'S DREAM OF BECOMING A PROMINENT AUTHOR IN MICHELLE KADARUSMAN'S GIRL OF THE SOUTHERN SEA" by Marlina Isnaeni has been approved by the advisor and the Head of English Department to be examined by the Broad of Examiners.



Purwokerto, August 9<sup>th</sup> 2023

Head of English Department

Advisor

*[Signature]*  
Fitri Rakhmawati, S.S., M.Pd.

*[Signature]*  
Titik Wahyuningsih, S.S., M.Hum

NIK. 2160513

NIK. 2160272

**VALIDATION SHEET**

**THE PROCESS OF ACHIEVING NIA'S DREAM OF BECOMING A  
PROMINENT AUTHOR IN MICHELLE KADARUSMAN'S *GIRL OF THE  
SOUTHERN SEA***

**An Undergraduate Thesis**

**By**

**Marlina Isaeni**

**1909010049**

has been examined and approved by the Board of Examiners as one of the requirements for Sarjana Sastra Degree on August 18<sup>th</sup>, 2023.

**THE BOARD OF EXAMINERS**

First Examiner

Second Examiner



**Dr. Widya Nirmalawati, S.S., M.A.**

**NIK. 2160370**



**Sulasih Nurhayati, S.S., M.Hum.**

**NIK. 2160274**

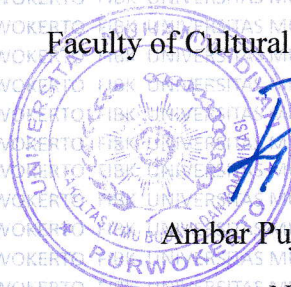
Chairperson



**Titik Wahyuningsih, S.S., M.Hum.**

**NIK. 2160272**

Legalized by the Dean of the  
Faculty of Cultural Sciences and Communication



**Ambar Pujiyatno, S.S., M.Hum**

**NIK. 2160208**

## STATEMENT OF ORIGINALITY

**Name** : **Marlina Isnaeni**

**Student Number** : **1909010049**

I, the undersigned researcher of the undergraduate thesis entitled “THE PROCESS OF ACHIEVING NIA’S DREAM OF BECOMING A PROMINENT AUTHOR IN MICHELLE KADARUSMAN’S *GIRL OF THE SOUTHERN SEA*”, hereby attest and affirm that the material in this thesis has not been previously submitted and published for a degree in any universities, and to the best of my knowledge, any referenced-quotations are shown in the arrangement of citation and bibliography. If later, it can be revealed that this research contains partly or wholly plagiarized piece of other intellectual works of any kinds, the researcher will be ready to accept sanction.

Purwokerto, 9 August 2023



Marlina Isnaeni

## MOTTO

**If you don't want to sit in an uncomfortable zone, then don't expect that you  
will sit in a comfort zone**

*Marlina Isnaeni*



## **DEDICATION**

**This thesis is dedicated to:**

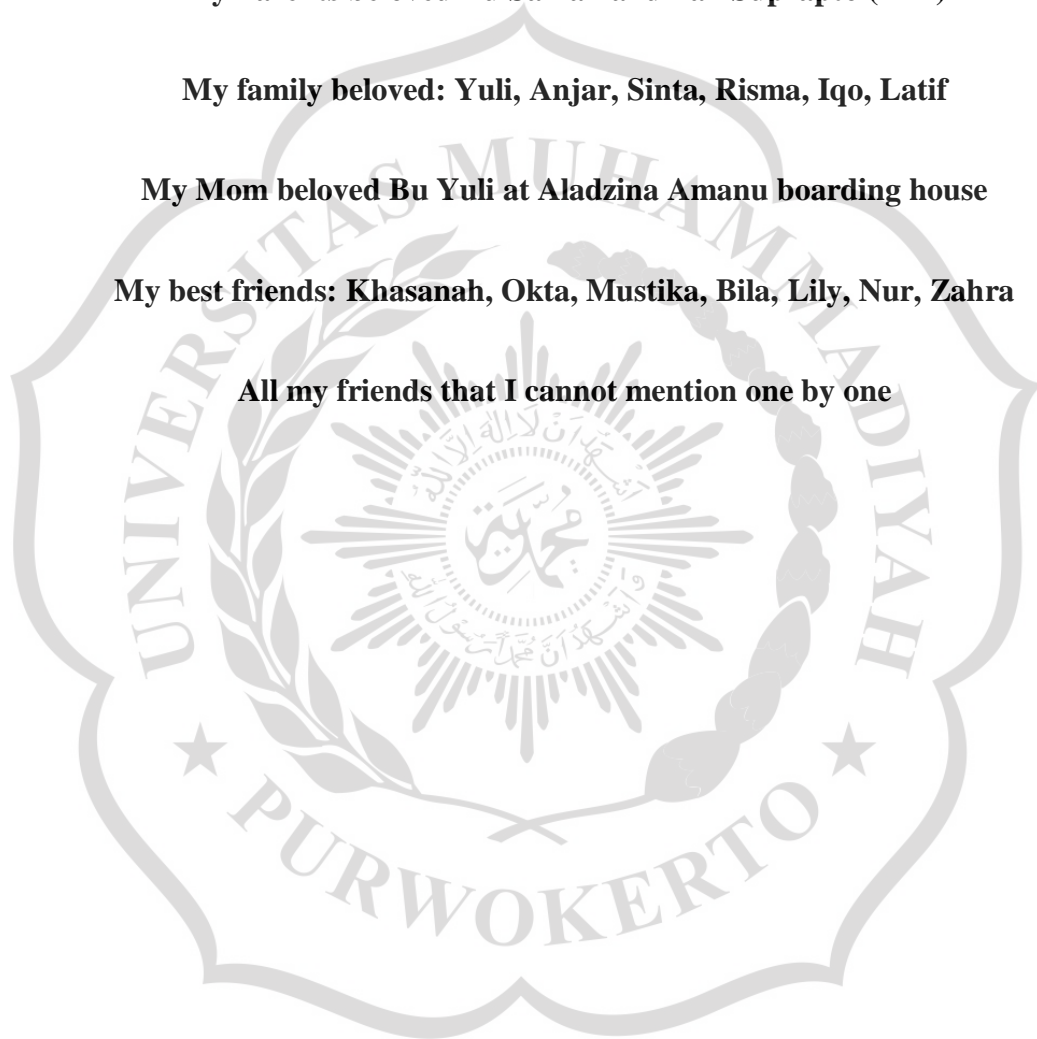
**My Parents beloved Bu Sainah and Pak Suprpto (Alm)**

**My family beloved: Yuli, Anjar, Sintia, Risma, Iqo, Latif**

**My Mom beloved Bu Yuli at Aladzina Amanu boarding house**

**My best friends: Khasanah, Okta, Mustika, Bila, Lily, Nur, Zahra**

**All my friends that I cannot mention one by one**



## ACKNOWLEDGEMENTS

Alhamdulillahirobbil'alamiin, all praise to Allah SWT, all shalawat rise to Rasulullah SAW. Because of His blessing, I have finished my thesis. In completing this thesis, there are many parties who have supported and helped me.

Hereby, I would like to give my deepest gratitude to my lecturer especially Mrs. Titik Wahyuningsih, S.S, M.Hum. as my consultant in working on this thesis. Thanks to her patience, support, and motivation, so I was able to finish this thesis well. I also thank to Mrs. Sulasih Nurhayati, S.S., M. Hum., and Mrs. Dr.Widya Nirmalawati, S.S., M. A. as my examiner in this thesis who had given support and insightful ideas to finish this thesis.

I also thank my parents who have provided support, motivation and always pray for the best. Thanks to your prayers so that, I was able to finish this thesis well. I also thank Bu Yuli for facilitating me a house, support and prayers.

I also thank my brothers, sisters and friends who have been giving me support when I was down. Thank you for helping in the process of writing this thesis.

As a writer, I realize the limitations of knowledge. Therefore, if there are errors in writing this research, I apologize profusely. Criticism and suggestions are very welcome as evaluation material for future improvements.

**PERNYATAAN PERSETUJUAN PUBLIKASI SKRIPSI UNTUK KEPENTINGAN  
AKADEMIS**

---

Sebagai sivitas akademika Universitas Muhammadiyah Purwokerto dan demi pengembangan ilmu pengetahuan, saya yang bertanda tangan di bawah ini:

Nama : Marlina Isnaeni  
NIM : 1909010049  
Program Studi : Sastra Inggris  
Fakultas : Ilmu Budaya dan Komunikasi  
Perguruan Tinggi : Universitas Muhammadiyah Purwokerto  
Jenis Karya : Skripsi

Menyetujui dan memberi Hak Bebas Royalti Non eksklusif (*Non-Exclusive Royalty-Free Right*) kepada Universitas Purwokerto atas karya ilmiah saya yang berjudul: *THE PROCESS OF ACHIEVING NIA'S DREAM OF BECOMING A PROMINENT AUTHOR IN MICHELLE KADARUSMAN'S GIRL OF THE SOUTHERN SEA.*

Peneliti



Marlina Isnaeni

## ABSTRACT

Isnaeni, Marlina, 1909010049. (2023): The Process of Achieving Nia's Dream of Becoming a Prominent Author in Michelle Kadarusman's *Girl of the Southern Sea*. Thesis, English Literature, Faculty of Cultural Sciences and Communication, Universitas Muhammadiyah Purwokerto.

The main issue of this research was Nia's dream to become a prominent author. To achieve her dream, Nia experienced many difficulties in her life. The purpose of this study was to analyze the process of seeking pleasure and satisfaction in striving to become a prominent author found in the main character Nia, reflected in Michelle Kadarusman's novel *Girl of the Southern Sea*. This research uses qualitative descriptive methods because this research analyzes non-numerical data.

This research uses the theory of psychoanalytic analysis by Sigmund Freud to analyze the pleasure principle in Nia. Nia wants to become a prominent author however, the circumstances experienced by Nia make Nia unable to achieve her dream. Based on Maslow's theory of needs, Nia's dream was also an attempt to achieve the highest satisfaction or self-actualization.

**Keywords:** psychology, Sigmund Freud, id, ego, superego

## INTISARI

Isnaeni, Marlina, 1909010049. (2023): Proses Mencapai Impian Nia Menjadi Penulis Terkemuka pada Novel *Girl of the Southern Sea* Karya Michelle Kadarusman'. Skripsi, Sastra Inggris, Fakultas Ilmu Budaya dan Komunikasi, Universitas Muhammadiyah Purwokerto.

Masalah utama dari penelitian ini adalah tentang Nia yang memiliki impian menjadi seorang penulis terkemuka. Dalam proses pencapaian impian Nia, dia mengalami banyak kesulitan. Tujuan dari penelitian ini adalah untuk menganalisis bagaimana proses mencari kesenangan dan kepuasan dalam memperjuangkan menjadi seorang penulis besar yang ada pada karakter utama, Nia, yang tercermin dalam novel karya Michelle Kadarusman dengan judul *Girl of the Southern Sea*. Peneliti menggunakan penelitian kualitatif metode deskriptif karena peneliti menganalisis

Penelitian ini menggunakan teori analisis psikoanalitik yang oleh Sigmund Freud untuk menganalisis prinsip kesenangan yang ada pada Nia. Nia ingin menjadi seorang penulis tetapi keadaan yang dialami Nia, membuat Nia tidak bisa mencapai impian Nia. Berdasarkan teori kebutuhan Maslow, impian Nia ini juga merupakan usaha pencapaian kepuasan tertinggi atau aktualisasi diri.

**Kata kunci:** psychology, Sigmund Freud, id, ego, superego

## TABLE OF CONTENTS

<b>APPROVAL SHEET</b> .....	<b>ii</b>
<b>VALIDATION SHEET</b> .....	<b>iii</b>
<b>STATEMENT OF ORIGINALITY</b> .....	<b>iv</b>
<b>MOTTO</b> .....	<b>v</b>
<b>DEDICATION</b> .....	<b>vi</b>
<b>ACKNOWLEDGEMENTS</b> .....	<b>vii</b>
<b>PERNYATAAN PERSETUJUAN PUBLIKASI SKRIPSI</b> .....	<b>viii</b>
<b>ABSTRACT</b> .....	<b>ix</b>
<b>INTISARI</b> .....	<b>x</b>
<b>TABLE OF CONTENTS</b> .....	<b>xi</b>
<b>LIST OF TABLES</b> .....	<b>xiii</b>
<b>LIST OF PICTURES</b> .....	<b>xiii</b>
<b>CHAPTER I INTRODUCTION</b>	
A.1 Background of the Research .....	1
A.2 Problems of the Research .....	7
A.3 Objectives of the Research .....	7
A.4 Significances of the Research .....	7
A.5 Limitation of the Research .....	8
A.6 Definition of the Key Terms .....	8
A.7 Organization of the Research .....	9
<b>CHAPTER II LITERATURE REVIEW</b>	
B.1 Theoretical Framework .....	10
B.1.1 Sigmund Freud's Psychoanalysis Theory .....	10
B.1.2 Abraham Maslow's Hierarchy of Needs Theory .....	13
	<b>xii</b>

B.2 Relevant Researches .....	15
<b>CHAPTER III RESEARCH METHODOLOGY</b>	
C.1 Type of Research .....	23
C.2 Data and Source of Data .....	23
C2.1 Data .....	23
C2.2 Source of Data .....	24
C.3 Technique of Analyzing Data .....	24
C.4 Method of Analyzing Data .....	24
<b>CHAPTER IV RESULT AND DISCUSSION</b>	
D.1 Sigmund Freud's Theory Analysis .....	26
D.1.1 Id Aspect .....	26
D.1.2 Ego Aspect .....	29
D.1.3 Superego Aspect .....	33
<b>CHAPTER V CONCLUSION AND SUGGESTION</b>	
E.1 CONCLUSION .....	42
E.2 SUGGESTION .....	44
REFERENCES .....	45

## LIST OF TABLES

Table 1. Sigmund Freud’s Psychoanalysis Theory .....	13
Table 2. Result of Research .....	41

## LIST OF PICTURES

Picture 1. Pyramid of Abraham Maslow’s Hierarchy of Needs Theory .....	14
--	----

