

DAFTAR PUSTAKA

- Ali Mansouri¹, Azizollah. 2017. *Investigating Aid Effect of Holy Quran Sound on Blood Pressure, Pulse, Respiration and O2 Sat in ICU patients*. Vol. 7 No. 7. International Journal of Scientific Study
- Alina Sekar, Larasati. 2016. *Rasionalitas Penggunaan Obat Antihipertensi pada Pasien Prolanis di Puskesmas Karangpandan Kabupaten Karanganyar*. Surakarta: UNS
- Amirulloh, Syarbini, Sumantri, Jamhari. 2012. *Kedahsyatan membaca Al-Qur'an / Amirulloh Syarbini & Sumantri Jamhari*. Bandung: Ruang kata
- Anggreni, N.P.R. 2021. *Pelaksanaan Konseling Obat Oleh Apoteker Di Apotek Kabupaten Badung', Indonesian Journal of Legal and Forensic Sciences (IJLFS)*, 11(1), p. 10.
- Annisa, T. 2017. *Pengaruh mendengarkan dan membaca al quran terhadap penurunan tekanan darah pada lansia hipertensi di panti sosial tresna werdha mabaji gowa'*. Makassar : Universitas Islam Negeri Alauddin
- Anshori, H. 2013. *Ulumul Qur'an : kaidah-kaidah memahami firman tuhan*. edisi 1. Jakarta : Rajawali Press.
- Ardiansyah, A. 2019. *Pengaruh Pijat Punggung Dan Membaca Al-Qur'an Terhadap Status Hemodinamik Pada Pasien Hipertensi Di Wilayah Kerja Puskesmas Kasihan I Bantul Yogyakarta*. Yogyakarta : Universitas Muhammadiyah Yogyakarta.
- Armika, R. 2018. *Pengaruh Terapi Murottal Surah Al-Fatihah Terhadap Tekanan Darah pada Pasien Hipertensi di RSUP dr.Wahidin Sudirohusodo Tahun 2018*. Makassar : Universitas Islam Negeri Alauddin
- Artiyaningrum, B. & Azam, M. 2016. *Faktor-faktor yang Berhubungan dengan Kejadian Hipertensi tidak Terkendali pada Penderita yang Melakukan Pemeriksaan Rutin', Jurnal Perspektif Kesehatan Masyarakat*, 1(1), pp. 12–20.

- Astuti, A. Yardi, Saibi. Asep, Dasuki. 2018. *Pelayanan Konseling Pasien Oleh Apoteker di Kota Medan*, *Farmasains*, 5(1), pp. 21–25.
- Aziz, Naeemah Abd Ali, Saedah Hassan, Mohamad Hasyizan. 2019. *Effects of Holy Quran Listening on Physiological Stress Response in Intensive Care Unit Patients*. *International Journal of Human and Health Sciences (IJHHS)*
- Aziza, Nur Choirina. 2019. *Pengaruh Murotal Al Qur'an Terhadap Pengendalian emosi (Anger Management) Dan Tekanan Darah Pada Penderita Hipertensi*. Surabaya : IR- Perpustakaan Universitas airangga..
- Bloch, M.J., Basile, J. 2020. *Major side effects and safety of calcium channel blockers*
- BPS Tasikmalaya. 2020. *Badan Pusat Statistik Kabupaten Tasikmalaya-Sarana Kesehatan*. Diambil dari : tasikmalayakab.bps.go.id
- Cahyani. 2018. *Pengaruh terapi relaksasi dzikir dan terapi dzikir murottal al qur'an terhadap penurunan tekanan darah pada pra lansia penderita hipertensi*. Makassar : Universitas Islam Negeri Alauddin
- Defianna, Selly Ruth Santosa, Ailiana Probandari, Ari Dewi, Fatwa Sari Tetra. 2021. *Gender differences in prevalence and risk factors for hypertension among adult populations: A cross-sectional study in indonesia*. *International Journal of Environmental Research and Public Health*. Vol. 18. No. 12
- Draman, Assoc Prof Dr Nani Norwati, Daud Bakar, Mujahid Ahmad, Kartiniwati. 2023. *The effect of listening to Al-Qur'an recitation among uncontrolled hypertensive Muslim patient attending Primary Care Clinic in Kelantan, Malaysia: A randomised control trial*. *IIUM Medical Journal Malaysia*
- Eguchi, Kazuo Kario, Kazuomi. 2015. *Smoking and hypertension Vol. 2 No. 6*. *Nippon rinsho*. Japanese journal of clinical medicine
- Endra, Febri. 2017. *Pengantar Metodologi Penelitian*. Sidoarjo: Zifatama Jawara
- Endro, A. N. 2012. *Farmakologi, Obat-obat penting dalam pembelajaran Ilmu Farmasi dan Dunia Kesehatan*. Yogyakarta: Pustaka Pelajar.

- Erica A. Wehrwein, Michael J. Joyner, in. 2013. *Regulation of blood pressure by the arterial baroreflex and autonomic nervous system*
- Erman, Imelda Damanik, Hanna DL Sya"diyah. 2021. *Di Puskesmas Kampus Palembang Politeknik Kesehatan Kemenkes Palembang*. Sumatera Selatan. Indonesia
- Estin Gita Maringga, Nunik Ike Yunia Sari Prodi. 2021. *Analysis factors that affecting the incidence of hypertension in menopausal woman di Desa Kayen Kidul Kecamatan Kayen Kidul Kabupaten Kediri*. Jurnal Kebidanan-ISSN. Vol. 7. No. 1 21-25.
- Fadhilla, Salma Nara Permana, Dharma. 2020. *The use of antihypertensive drugs in the treatment of essential hypertension at outpatient installations, Puskesmas Karang Rejo, Tarakan*. Yarsi Journal of Pharmacology. Jakarta : Yarsi University
- Fajarini, H. 2018. *Implementasi Peraturan Menteri Kesehatan Ri No.73 Tahun 2016 Tentang Standar Pelayanan Kefarmasian Di Apotek', Parapemikir : Jurnal Ilmiah Farmasi*, 7(2), p. 260.
- Fasa, N.I. (2016) *Pengaruh Murottal Al-Qur'an Terhadap Tingkat Depresi Pasien Gagal Ginjal Kronik Yang Menjalani Hemodialis Di Pku Muhammadiyah Gamping Yogyakarta*. Purwokerto : Universitas Muhammadiyah Purwokerto.
- Finger, Jonas D. Tylleskär, Thorkild Lampert, Thomas Mensink, Gert B.M. 2013. *Dietary behaviour and socioeconomic position: The role of physical activity patterns*. Vol. 8. Plos one
- Gangga, I Made Putra Wintariani, Ni Putu Apsari, Dewi Puspita. 2022. *Pola Penggunaan Obat Antihipertensi Pasien Hipertensi Dan Hipertensi Dengan Diabetes Militus Di Puskesmas Selemadeg Timur II Tabanan*. Bali: Widya Kesehatan
- Gelgel, A, dkk. 2021. *Pelaksanaan Konseling Obat Oleh Apoteker Di Apotek Kabupaten Badung :Indonesian Journal of Legal and Forensic Sciences 2021*. Bali : Universitas Udayana

- George L. Bakris, Matthew Sorrentino. 2018. *Calcium channel blockers. In: Hypertension: A Companion to Braunwald's Heart Disease. 3rd ed. Philadelphia*
- Gofir. 2012. *Diagnosis & Terapi Kedokteran*. Jakarta: Salemba Medika
- Har, A. 2018. *Pengaruh Terapi Mendengarkan Murottal Al - Quran Terhadap Tingkat Insomnia Pada Mahasiswa Keperawatan UIN Syarif Hidayatullah Jakarta*. Jakarta : UIN Syarif Hidayatullah. Skripsi.
- Herdiman., Ilbert, R. 2019. *The Effect of Murottal and Music Therapy on Reducing Blood Pressure in Palimanan Climbon*. in Selection and Peer-review under the responsibility of the ICHT Conference Committee, KnE Life Sciences,
- Heryana, A. 2014. *Hipotesis Penelitian*, *Eureka Pendidikan*, (June), p. 1.
- James, Paul A. Oparil, Suzanne Carter, Barry L. Cushman, William C. Dennison-Himmelfarb, Cheryl Handler, Joel Lackland, Daniel T. LeFevre, Michael L. MacKenzie, Thomas D. Ogedegbe, Olugbenga Smith, Sidney C. Svetkey, Laura P. Taler, Sandra J. Townsend, Raymond R. Wright, Jackson T. Narva, Andrew S. Ortiz, Eduardo. 2014. *2014 Evidence-based guideline for the management of high blood pressure in adults: Report from the panel members appointed to the Eighth Joint National Committee (JNC 8)*. *Jama. Clinical review education*
- Kemkes RI. 2018. *Laporan Nasional Riskesdas 2018*. Kemkes RI : Badan Penelitian dan Pengembangan Kesehatan
- Kemkes RI. 2019. *Pedoman Pelayanan Kefarmasian Pada Hipertensi*. Kemkes RI : Direktorat Jendral Kefarmasian dan Alat Kesehatan
- Kemkes RI. 2022. *Tensimeter Pengukur Tekanan Darah*. Kemkes RI : Direktorat Jendral Kefarmasian dan Alat Kesehatan
- Kemkes. 2021. *Hipertensi Penyebab Utama Penyakit Jantung, Gagal Ginjal, dan Stroke*. Diakses pada tanggal 6 Mei 2021 diambil dari : sehatnegeriku.kemkes.go.id

- Larosa. 2015. Hubungan Kebiasaan Merokok dengan Kejadian Hipertensi pada Karyawan Pabrik Gula Tasikmadu. Skripsi. Solo: Fakultas Kedokteran Universitas Muhammadiyah Surakarta.
- Lin, Yu Ma, Lina. 2018. *Blood pressure lowering effect of calcium channel blockers on perioperative hypertension. Vol. 97. No. 48. Medicine (United States)*
- Lionakis, Nikolaos Mendrinou, Dimitrios Sanidas, Elias Favatas, Georgios Georgopoulou, Maria Lionakis, Nikolaos Mendrinou, Dimitrios Favatas, Georgios. 2012. *Hypertension in the elderly. Vol. 4 No. 5. World journal cardiology*
- Mark G. Papich DVM, MS, DACVCP, In. 2021. *Papich Handbook of Veterinary Drugs (Fifth Edition).*
- Mat-Nor, Mohd Basri Ibrahim, Noor Airini Ramly, Nur Fariza Abdullah, Fa'iza. 2019. *Physiological and psychological effects of listening to Holy Quran Recitation in the intensive care unit patients: A systematic review. IIUM Medical Journal Malaysia.*
- Mayrani, E., Hartati. 2013. *Intervensi Terapi Audio Dengan Murottal Surah Ar-Rahman Terhadap Perilaku Anak Autis, Soedirman J. Nurs., vol. 8, no. 2, pp. 69–76, 2013,*
- Merybeth Situmorang, L. Lidya Faturrahman, Setiadi, Adam. Oktaviani. Angelica, Ester, Nur, Haniifah., Fanesya, Nur, Izzati, Hunafa. 2021. *Gambaran Perilaku Masyarakat terhadap Upaya 3T', Jurnal Pengabdian Kesehatan Masyarakat: Pengmaskemas, 1(2), pp. 17–33.*
- Mirzaeian R, Shirvani M, Alidosti M. *The effect of Holy Quran recitation sound on vital signs and arterial oxygen pressure of unconscious patients hospitalised in ICU. IAJPS. 2017;4:1254 -1259.*
- Miski, M.M. 2016. *Manage your galau with Al-Qur'an. Cet. 1. Edited by D. Fayyad. Yogyakarta : Diva Press.*

- Mohamed, Labiba Abd El-kader Hanafy, Naglaa Fawzy El-Naby, Amel Gomaa Abd. 2014. *Effect of slow deep breathing exercise on blood pressure and heart rate among newly diagnosed patients with essential hypertension*. Journal of Education and Practice
- Mortensen, R.M. 2014. *Hypertension*, *Pathobiology of Human Disease: A Dynamic Encyclopedia of Disease Mechanisms*, pp. 2958–2969.
- Mozaffarian, Dariush Benjamin, Emelia J Go, Alan S Arnett, Donna K Blaha, Michael J Cushman, Mary Ferranti, Sarah De Després, Jean-pierre Fullerton, Heather J Howard, Virginia J Huffman, Mark D Judd, Suzanne E Kissela, Brett M Lackland, Daniel T Lichtman, Judith H Lisabeth, Lynda D Liu, Simin Mackey, Rachel H Matchar, David B Mcguire, Darren Kllii, Emile R Mohler Moy, Claudia S Muntner, Paul Mussolino, Michael E Nasir, Khurram Neumar, Robert W Nichol, Graham Palaniappan, Latha Pandey, Dilip K Reeves, Mathew J Rodriguez, Carlos J Sorlie, Paul D Stein, Joel Towfighi, Amytis Turan, Tanya N Virani, Salim S Willey, Joshua Z Woo, Daniel Yeh, Robert W. 2015. *AHA Statistical Update Heart Disease and Stroke Statistics — 2015 Update A Report From the American Heart Association*. America : AHA
- Notoadmojo, Soekidjo. 2018. *Metodologi Penelitian Kesehatan*. Jakarta : Rineka Cipta
- Nursalam. 2016. *Konsep dan Metodologi Penerapan Penelitian Ilmu Keperawatan*. Jakarta: Salemba Medika
- Pan, Yu Cai, Wenpeng Cheng, Qi Dong, Wei An, Ting Yan, Jin. 2015. *Association between anxiety and hypertension: a systematic review and meta-analysis of epidemiological studies*. *Neuropsychiatric Disease and Treatment*. Dove press
- Paresh, S.S., Greco, T.L., Rohr-Kirchgraber, Theresa. 2019. *The sex and gender influence on hypertension*. *Health Management The Journal*. Singapore: Transform- Ative Shifts In Healthcare Management.

- Patel, Hena Kyung, Stella Fugar, Setri Goldberg, Alan Madan, Nidhi Williams, Kim A. 2020. *Hypertension in older adults : Assessment , management , and challenges*. Clinical cardiology willey.
- Pradono, Julianty. Sulistyowati, N. 2013. *Hubungan antara tingkat pendidikan , pengetahuan tentang kesehatan lingkungan , perilaku hidup sehat dengan status kesehatan studi korelasi pada penduduk umur 10 – 24 tahun di Jakarta Pusat*. Vl. 17. No. 1. Buletin Penelitian Sistem Kesehatan.
- Pramana, L.D.Y. 2016. *Faktor-Faktor Yang Berhubungan Dengan Tingkat Hipertensi Di Wilayah Kerja Puskesmas Demak II'*, Repositori Universitas Muhamadiyah Semarang, pp. 1–67
- Pratama, I Ketut Suarthaputra Nurjanah, Alya Tanti Humaera, Nada Nafi sha Pintangrum, Yusra. 2022. *Comparison Side Effects Of Aliskiren Vs Ramipril In Patients With Hypertension: A Meta-Analysis*. Medical Pr.
- Pusparani, I.D. 2020. *Gambaran Gaya Hidup pada Penderita Hipertensi di Puskesmas Ciangsana Kecamatan Gunung putri Kabupaten Bogor*. Jakarta : UIN Syarif Hidayatullah.
- Rumengan, D. S. S., Umboh , J. M. L., Kandou, G. D. 2015. *Faktor–Faktor Yang Berhubungan Dengan Pemanfaatan Pelayanan Kesehatan Pada Peserta BPJS Kesehatan Di Puskesmas Paniki Bawah Kecamatan Mapanget Kota Manado*. Universitas Sam Ratulangi Manado
- Setyanda, Yashinta Octavian Gita Sulastri, Delmi Lestari, Yuniar. 2015. *Hubungan Merokok dengan Kejadian Hipertensi pada Laki-Laki Usia 35-65 Tahun di Kota Padang Vol. 4 No. 2*. Jurnal Kesehatan Andalas
- Shihab, M.Q. 2014. *Wawasan Al Qur'an Tafsir Tematik Atas Pelbagai Persoalan Umat. Cetakan 1. Edited by Mizan pustaka*. Bandung: Mizan pustaka.
- Shihab, Quraish. 2002. *Tafsir Al-Misbah: Pesan, Kesan dan Keserasian Al-Qur'an*. Jakarta: Lentera Hati

- Shirvani M. 2013. *The Effect of Holy Quran Sound on Vital Sign and Spo2 in Unconscious Patients Hospitalized in the ICU*. Shahrekord: 3th Provincial Congress on Quran and Health.
- Sugiyono. 2016. *Metode Penelitian Kuantitatif, Kualitatif dan R&D*. Bandung: PT Alfabet.
- Sumaryani, S., Sari, P. I. P. 2015. *Senam Disminorhea Berbasis Ar-Rahman Terhadap Penurunan Nyeri*. Jurnal NERS, 10(2), 360–365.
- Sun, Kan Lin, Diaozhu Li, Mian Mu, Yiming Zhao, Jiajun Liu, Chao Bi, Yufang Chen, Lulu Shi, Lixin Li, Qiang Yang, Tao Wan, Qin Wu, Shengli Wang, Guixia Luo, Zuojie Qin, Yingfen Tang, Xulei Chen, Gang Huo, Yanan Gao, Zhengnan Su, Qing Ye, Zhen Hu, Ruying Wang, Youmin Qin, Guijun Deng, Huacong Yu, Xuefeng Shen, Feixia Chen, Li Wang, Weiqing Ning, Guang Yan, Li. 2022. *Association of education levels with the risk of hypertension and hypertension control: a nationwide cohort study in Chinese adults*. Journal of Epidemiology and Community Health.
- Sutrisno, E. Fajarini, H. 2016. *Legal Culture of Pharmacist in the Perspective of Pharmaceutical Services Standard in Pharmacies*, Jurnal Dinamika Hukum, 16(2), pp. 148–155.
- Suwanto, Ahmad Hasan, Basri, Mustamin Umalekhoa. 2016. *Effectiveness of Classical Music Therapy and Murrotal Therapy To Decrease The Level of Anxiety Patients Pre Surgery Operation*. Journals of Ners Community
- Tikhonoff, Valérie, Casiglia, Edoardo, Gasparotti, Federica, Spinella, Paolo. 2019. *The uncertain effect of menopause on blood pressure*. Journal of Human Hypertension. Vol. 33. No. 6. 421-428. Springer US
- Trisnawati, E. 2020. *Efektifitas Terapi Murottal Al-Qur'an Dalam Menurunkan Reaktivitas Kardiovaskular Terhadap Handgrip Pada Subyek Pralansia Hipertensi*. Yogyakarta : Universitas Muhammadiyah Yogyakarta
- Trisnawati1, et. al. 2020. *Al-Qur'an Murottal Therapy to Reduce Cardiovascular Reactivity to Handgrip in Hypertensive Pre-Elderly Subjects*. Proceedings of

the 4th International Conference on Sustainable Innovation 2020–Health Science and Nursing (ICoSIHSN 2020)

Ul-Ain Irfan, Noor Atique, Hafsa Taufiq, Ayesha Irfan, Asma. 2019. *Differences in Brain Waves and Blood Pressure by Listening to Quran-el-Kareem and Music*. Journal of Islamabad Medical & Dental College

Umbas, Irene Megawati Tuda, Josef Numansyah, Muhamad. 2019. *Hubungan Antara Merokok Dengan Hipertensi Di Puskesmas Kawangkoan*. Jurnal Keperawatan.

Utami, R.S. 2017. *Pengaruh Terapi Murottal Al-Qur'an Terhadap Tingkat Kecemasan Pasien Hemodialisis Di Rumah Sakit Pku Muhammadiyah Gamping*. Yogyakarta : Universitas Muhammadiyah Yogyakarta.

Verma, Narsingh Rastogi, Smriti Chia, Yook Chin Siddique, Saulat Turana, Yuda Cheng, Hao min Sogunuru, Guru Prasad Tay, Jam Chin Teo, Boon Wee Wang, Tzung Dau Tsoi, Kelvin Kam Fai Kario, Kazuomi. 2021. *Non-pharmacological management of hypertension Vol. 23*. Journal of Clinical Hypertension.

Wang, Mengying Li, Wenyong Zhou, Ren Wang, Siyue Zheng, Hongchen Jiang, Jin Wang, Shengfeng Yu, Canqing Gao, Wenjing Lv, Jun Wu, Tao Cao, Weihua Hu, Yonghua Li, Liming Ji, John S. 2020. *The paradox association between smoking and blood pressure among half million chinese people Vol. 17 No. 8*. International Journal of Environmental Research and Public Health

Whelton, Paul K. Carey, Robert M. Aronow, Wilbert S. Casey, Donald E. Collins, Karen J. Dennison Himmelfarb, Cheryl DePalma, Sondra M. Gidding, Samuel Jamerson, Kenneth A. Jones, Daniel W. MacLaughlin, Eric J. Muntner, Paul Ovbigele, Bruce Smith, Sidney C. Spencer, Crystal C. Stafford, Randall S. Taler, Sandra J. Thomas, Randal J. Williams, Kim A. Williamson, Jeff D. Wright, Jackson T. 2018. *2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: A Report of the American College of*

*Cardiology/American Heart Association Task Force on Clinical Pr Vol. 71
No. 19. Journal of the American College of Cardiology*

WHO (World Health Organization). 2021. *Hypertension*. Diakses pada tanggal 25 Agustus 2021 diambil dari : www.who.int.

Wirakhmi, Ikit Netra. 2018. *Comparison Of Listening Mozart Music With Murotal Al Quran On The Pain Of Hypertension Patients*. Jurnal Keperawatan Soedirman.

Yasir, M. 2016. *Studi Al-Qur'an, Journal of Chemical Information and Modeling*.

