

**TEACHERS' STRATEGIES IN MAINTAINING TEACHER
SELF-EFFICACY (TSE) IN ENGLISH
AS A FOREIGN LANGUAGE (EFL) CLASSES**



A THESIS

**Submitted to the English Language Education Study Program as a Partial
Fulfillment for the Requirements of Bachelor Degree**

By:

**INDRIYANI
1701050024**

**ENGLISH LANGUAGE EDUCATION STUDY PROGRAM
FACULTY OF TEACHER TRAINING AND EDUCATION
UNIVERSITAS MUHAMMADIYAH PURWOKERTO
2022**

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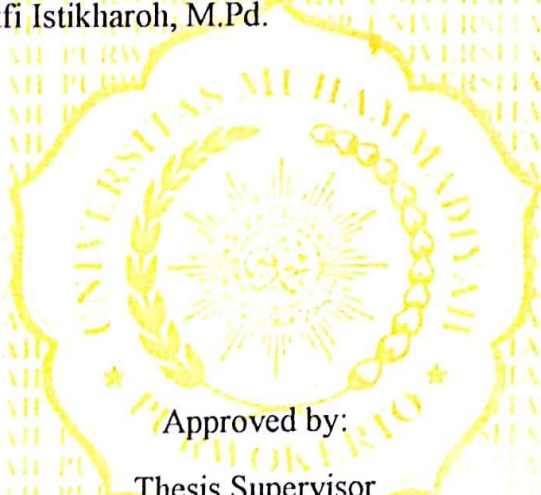
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FACULTY OF TEACHER TRAINING AND EDUCATION
UNIVERSITAS MUHAMMADIYAH PURWOKERTO
2022**

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**TEACHERS' STRATEGIES IN MAINTAINING TEACHER SELF-EFFICACY
(TSE) IN ENGLISH AS A FOREIGN LANGUAGE (EFL) CLASSES**

Dipersiapkan dan disusun oleh:

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Indriyani

NIM. 1701050024

DEDICATION

Bismillahirrahmanirrahim

In the name of Allah the Beneficent and Merciful, this thesis is dedicated to:

1. Allah SWT, thank you for all blessing and mercy.
2. My self, thanks for your hard work, patience, and effort to complete this thesis.
3. My beloved family, mother, father, brother, sister in law and also my nephews for giving me incredible support, prayer, cares, love, and everything, so the researcher can finish the thesis.
4. My thesis supervisor Mrs. Lutfi Istikharoh, M. Pd. The guidance and encouragement given were very helpful for me.
5. The lecturers in English Language Education Study Program. Thank you for guiding me, giving priceless knowledge, inspiring me, and helping me to achieve my dreams.



MOTTO

“GOD HAS A PLAN. TRUST IT, LIVE IT, ENJOY IT”

“WORK HARD IN SILENCE, LET SUCCESS MAKE THE NOISE”



ACKNOWLEDGEMENT

First of all, the researcher would like to thank Allah SWT because with His grace, kindness and blessing, the researcher can finish this thesis. Shalawat and greetings also go to Prophet Muhammad SAW. The title of this thesis is "Teachers' Strategies in Maintaining Teacher Self-Efficacy (TSE) in English as a Foreign Language (EFL) Classes ". This thesis is written as a partial fulfillment of the requirements for S.Pd degree at English Language Education Study Program, Faculty of Teacher Training and Education, Universitas Muhammadiyah Purwokerto.

A long way journey has been done by researcher for completing this thesis. Many obstacles that were faced in conducting this research, however because of blessing from Allah SWT, researcher could finish this thesis. In the process of composing this thesis, researcher realizes that there are some elements that always help and support the researcher. In this acknowledgment, let the researcher say thank you for the following people who always help and support researcher.

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8. All people who give their support to the researcher from the beginning to the end of writing this thesis which cannot be mentioned one by one.
9. Last but not least, thank you to myself. Thanks for proving that you can get through it all.

The researcher knows that this thesis is still far from perfect and there are still many shortcomings. Therefore, the researcher will accept any suggestions and constructive criticism so that researchers can write better in the future. Researcher hopes that this research can be useful for many people.

Purwokerto,

Indriyani

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ABSTRAK
STRATEGI GURU DALAM MENINGKATKAN KEPERCAYAAN DIRI
DI KELAS BAHASA INGGRIS SEBAGAI BAHASA ASING

INDRIYANI
1701050024

Penelitian ini bertujuan untuk mengetahui tingkat kepercayaan diri guru dan strategi dalam mempertahankan kepercayaan diri guru Bahasa Inggris di SMP Negeri se- Kecamatan Losari, Kabupaten Brebes. Penelitian ini merupakan penelitian deskriptif yang menganalisis data menggunakan metode kualitatif dan kuantitatif. Data penelitian ini dikumpulkan dengan menggunakan dua instrumen: kuesioner dan wawancara. 31 guru Bahasa Inggris menjadi responden dalam penelitian ini. Hasil penelitian menunjukkan bahwa tingkat kepercayaan diri gurunya tinggi. Hal ini menunjukkan bahwa guru percaya diri dengan kemampuannya sebagai guru Bahasa Inggris di kelas Bahasa Inggris sebagai Bahasa Asing. Demikian pula pada setiap kategori. Penelitian ini juga dilengkapi dengan wawancara bersama 4 orang guru. Strategi untuk mempertahankan tingkat kepercayaan diri guru diantaranya adalah umpan balik dari kepala sekolah, pengembangan keterampilan dan kemampuan, keteladanan dan berbagai pengalaman, bujukan verbal, dan rangsangan fisiologis. Strategi-strategi ini harus dipertahankan secara optimal untuk mencapai tujuan pembelajaran.

Kata kunci: Strategi mengajar, kepercayaan guru, kelas bahasa Inggris

ABSTRACT
TEACHERS' STRATEGIES IN MAINTAINING TEACHER SELF-EFFICACY (TSE) IN ENGLISH AS A FOREIGN LANGUAGE (EFL) CLASSES

INDRIYANI
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This research was aimed at finding out the level of teacher's self-efficacy (hereinafter is TSE) and strategies in maintaining TSE of English teachers at Junior High School in district Losari, Brebes regency. This was a descriptive study that analyzed data using both qualitative and quantitative methods. The data for this study were collected using two instruments: a questionnaire and an interview. As respondents, 31 English teachers took part in this study. The findings revealed that the level of self-efficacy among teachers was high. It indicates that teachers are confident in their abilities as English teachers in English as a Foreign Language classes. Similarly, it belongs to the high level of each category. An interview with four teachers supplemented the findings. The strategy for maintaining TSE was feedback from the principal, developing skills and abilities, modeling and various experiences, verbal persuasion, and physiological arousal. These strategies should be maintained optimally in order to achieve the objective of learning.

Keywords: *Teaching strategies, teacher belief, English class*

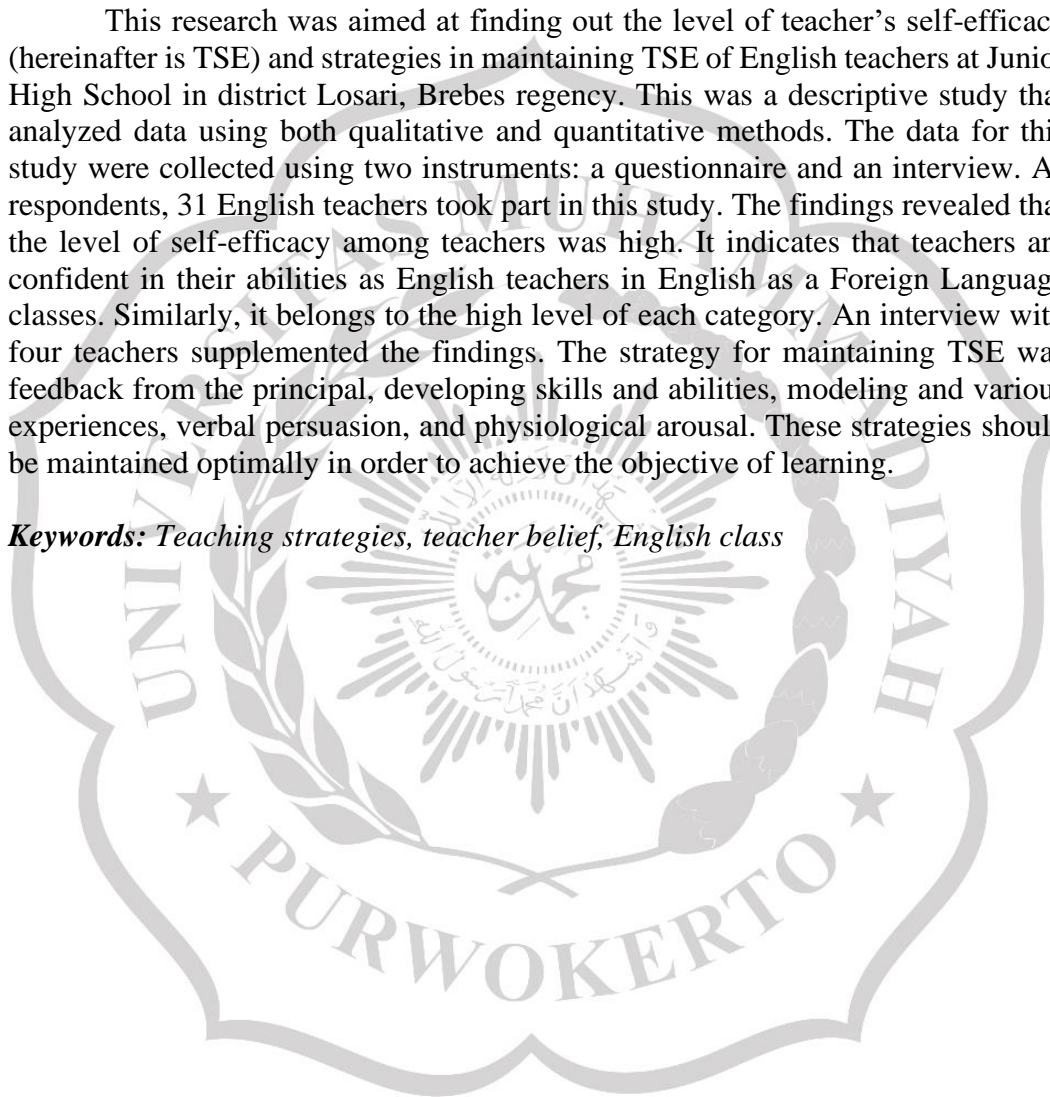


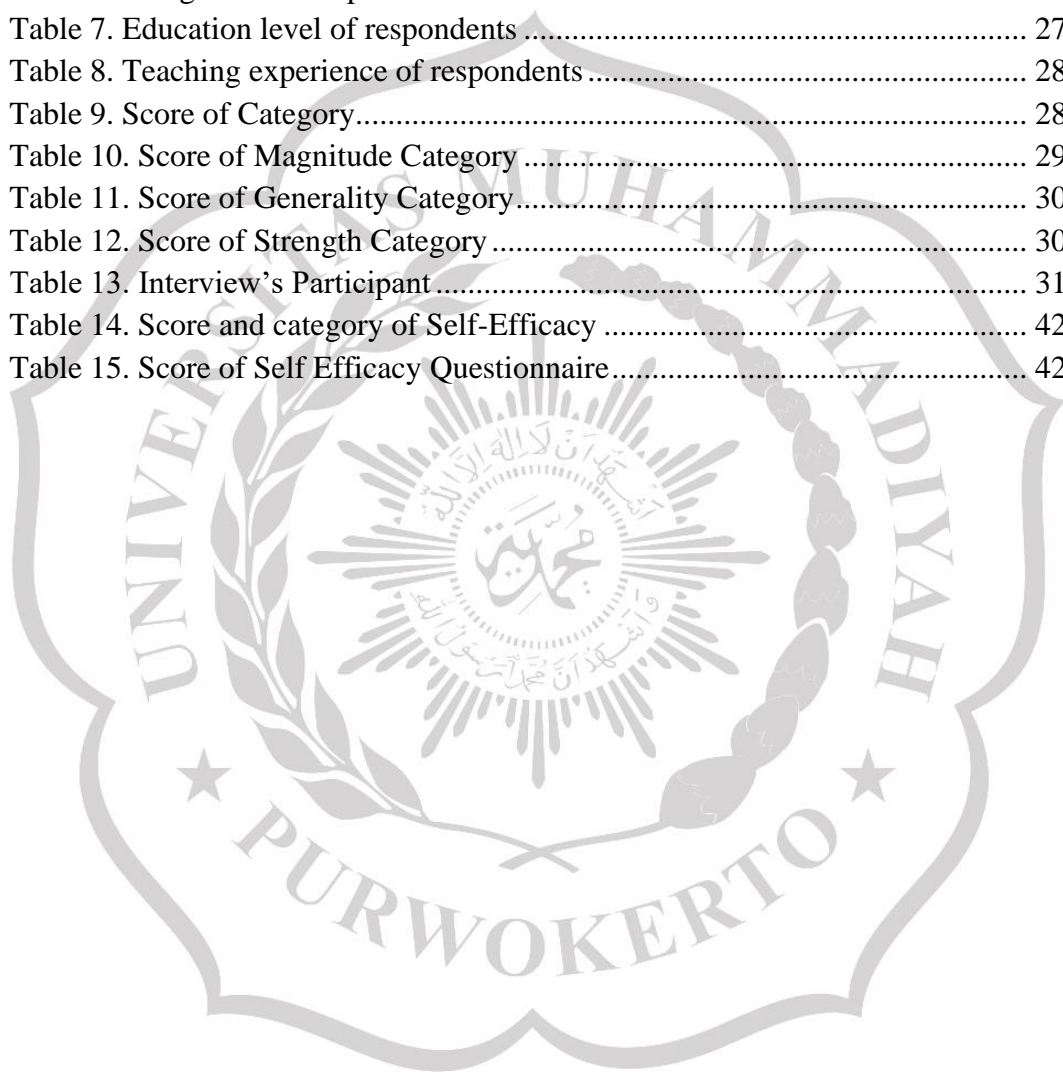
TABLE OF CONTENTS

| | |
|--|-------|
| APPROVAL..... | iii |
| LEMBAR PENGESAHAN | iv |
| SURAT PERNYATAAN..... | v |
| DEDICATION | vi |
| MOTTO | vii |
| ACKNOWLEDGEMENT | viii |
| PERSETUJUAN PUBLIKASI | x |
| ABSTRAK | xi |
| ABSTRACT..... | xii |
| TABLE OF CONTENTS | xiii |
| LIST OF TABLES | xv |
| LIST OF FIGURES | xvi |
| LIST OF DIAGRAM..... | xvii |
| LIST OF ABBREVIATIONS..... | xviii |
| CHAPTER I INTRODUCTION..... | 1 |
| A. Research Background..... | 1 |
| B. Reasons for Choosing the Topic..... | 3 |
| C. Research Question..... | 3 |
| D. Research Objectives | 4 |
| E. The Scope of the Research..... | 4 |
| F. Contribution of the Research | 5 |
| 1. Theoretical..... | 5 |
| 2. Practical | 5 |
| CHAPTER II THEORETICAL REVIEW | 6 |
| A. English as a Foreign Language (EFL) | 6 |
| B. Teacher-Self Efficacy..... | 7 |
| 1. Definition of Self Efficacy | 7 |
| 2. Theories of Self Efficacy..... | 8 |
| C. Teacher-Self Efficacy in English as a Foreign Language Setting..... | 11 |

| | |
|--|----|
| D. Strategies to Maintaining TSE | 12 |
| E. Previous Relevant Studies | 16 |
| CHAPTER III RESEARCH METHOD | 18 |
| A. Type of Research..... | 18 |
| B. Place and Time of the Research | 18 |
| C. Research Subject | 18 |
| D. Technique of Data Collection | 19 |
| 1. Questionnaire..... | 19 |
| 2. Interview | 21 |
| E. Technique of Data Analysis | 22 |
| 1. Quantitative Methods | 22 |
| 2. Qualitative Methods | 24 |
| CHAPTER IV RESULTS AND DISCUSSION..... | 26 |
| A. Result | 26 |
| 1. Questionnaire..... | 26 |
| 2. Interview..... | 31 |
| B. Discussion | 41 |
| 1. The Level of Teacher Self-Efficacy | 41 |
| 2. The English teachers' strategies in maintaining their TSE | 49 |
| CHAPTER V CONCLUSION AND SUGGESTION | 51 |
| A. Conclusion | 51 |
| B. Suggestion..... | 51 |
| 1. Teachers..... | 51 |
| 2. Future Researcher | 52 |
| REFERENCES..... | 53 |
| APPENDIX..... | 56 |

LIST OF TABLES

| | |
|---|----|
| Table 1. Score Questionnaire Answer Table..... | 20 |
| Table 2. Blueprint of Questionnaire..... | 20 |
| Table 3. Blueprint of Interview | 21 |
| Table 4. Score of Category Formula..... | 23 |
| Table 5. The age of respondents | 26 |
| Table 6. The gender of respondents | 27 |
| Table 7. Education level of respondents | 27 |
| Table 8. Teaching experience of respondents | 28 |
| Table 9. Score of Category..... | 28 |
| Table 10. Score of Magnitude Category | 29 |
| Table 11. Score of Generality Category..... | 30 |
| Table 12. Score of Strength Category | 30 |
| Table 13. Interview's Participant..... | 31 |
| Table 14. Score and category of Self-Efficacy | 42 |
| Table 15. Score of Self Efficacy Questionnaire..... | 42 |



LIST OF FIGURES

| | |
|--|----|
| Figure 1. Teacher level of self-efficacy | 44 |
| Figure 2. Teachers's self-efficacy based on Magnitude dimension..... | 46 |
| Figure 3. Teachers's self-efficacy based on Generality dimension | 47 |
| Figure 4. Teachers' self-efficacy based on Strength dimension | 49 |



LIST OF DIAGRAM

| | |
|--|----|
| Diagram 1. Steps in data collection..... | 22 |
|--|----|



LIST OF ABBREVIATIONS

| | |
|-------|---------------------------------------|
| TOEFL | Test of English as a Foreign Language |
| TSE | Teacher Self-Efficacy |
| EFL | English as a Foreign Language |

