

CHAPTER 1

INTRODUCTION

A. Background of the Study

English is one of many subjects enclosed in the curriculum which is running in Indonesia. English plays as both material to learn and medium of instruction. Considering the use of English as a medium of instruction, both teachers and students should be able to communicate using English optimally. To begin a conversation among teacher and students, the teacher should be able to design a good introduction remarks before the material is given.

One way that is recommended for the teacher to do is by creating a warm-up activity before the learning process begins. According to Wantri (2017), Warming up activity is an activity which is used to start the class with an interesting and enjoyable way. The activity helps students get more comfortable atmosphere to work and start thinking of English in a classroom. Warming up activity can be represented to use common techniques like questioning, reflecting the material from the previous material, chatting with the students as warm up activity, on the other way they can use the activities of warming up as jokes, songs, funny videos, games, stories or pictures to make the class interesting. Some teachers use the warming up activity to make the students interested in joining the lesson. Even though warming up

implementation looks easy because it can be used by games, jokes and something funny. The implementation of warming up has some principles. The implementation and the students' responses in warming up activities categorized run well if the implementation is done through appropriate ways.

Making the students active in learning process is challenging. Sometimes the teachers should find out the best teaching method that focus in increasing students' participation. Especially, in teaching English as a foreign language, sometimes, some students are passive in the class. They tend to be silent. Therefore, the teacher must be able to make the learning atmosphere as attractive as possible so students can enjoy the learning process enthusiastically. Brenner in Namini (2008:1) described participation as the student being present in the learning situation. It means that students' participation is needed in learning process. One of the biggest problems of English teacher is to attract students' participation.

Considering the importance of warming up activities in the English learning process, a research entitled "The Warming Up Activities in EFL Classes" is needed to conduct.

B. Reasons for Choosing the Topic

English is an international language and is one of the main subjects in Indonesia so it is very important to learn. When we talk about English, this is not only about understanding theory but also talking and practicing. Here student participation is needed, and all are based on the atmosphere of the

learning process. To create a learning process that is interesting and makes students enthusiastic in following it needs to begin with warm-up activities.

C. Research Problems

The problems of the research can be formulated in the following questions:

1. What are warming up activities used by teachers in EFL Classes?
2. What is the most dominant warming up activity used in EFL Classes?

D. Aims of the Study

According to the research topic above, the aims of this research are:

1. To find out the warming up activities used by teachers in EFL Classes.
2. To reveal the most dominant warming up activity used by teachers in EFL Classes.

E. Research Contribution

The result of this research is expected to give contribution to:

1. Practical
 - a. Teacher

For the English teachers hopefully from this, they know the importance of warming up activities in EFL Classes. They know types of warming up activities the most dominant warming up activity used by the teacher in EFL Classes. To stir-up the students mood and motivation in teaching and learning process, it is very good the teacher using

warming up activity. By this research, the teacher can improve and develop the warming up activities in teaching English.

b. Students

For the students especially who take English education and being a teacher in the future, they can prepare many activities for warming up activities in the pre-activity so that cause candidate of English teacher more creative and innovative in teaching English.

2. Theoretical

For further Researcher hopefully this study can be a reference for other researchers in conducting further research.